

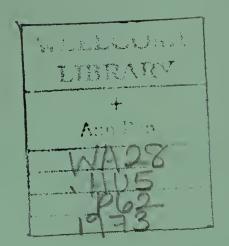
## CITY OF PIETERMARITZBURG

# ANNUAL REPORT

OF THE

# MEDICAL OFFICER OF HEALTH

For the Year Ended
31st December,
1973





#### CITY OF PIETERMARITZBURG

### PUBLIC HEALTH DEPARTMENT

REPORT OF THE

MEDICAL OFFICER OF HEALTH

ON THE PUBLIC HEALTH AND

SANITARY CIRCUMSTANCES OF

THE CITY OF

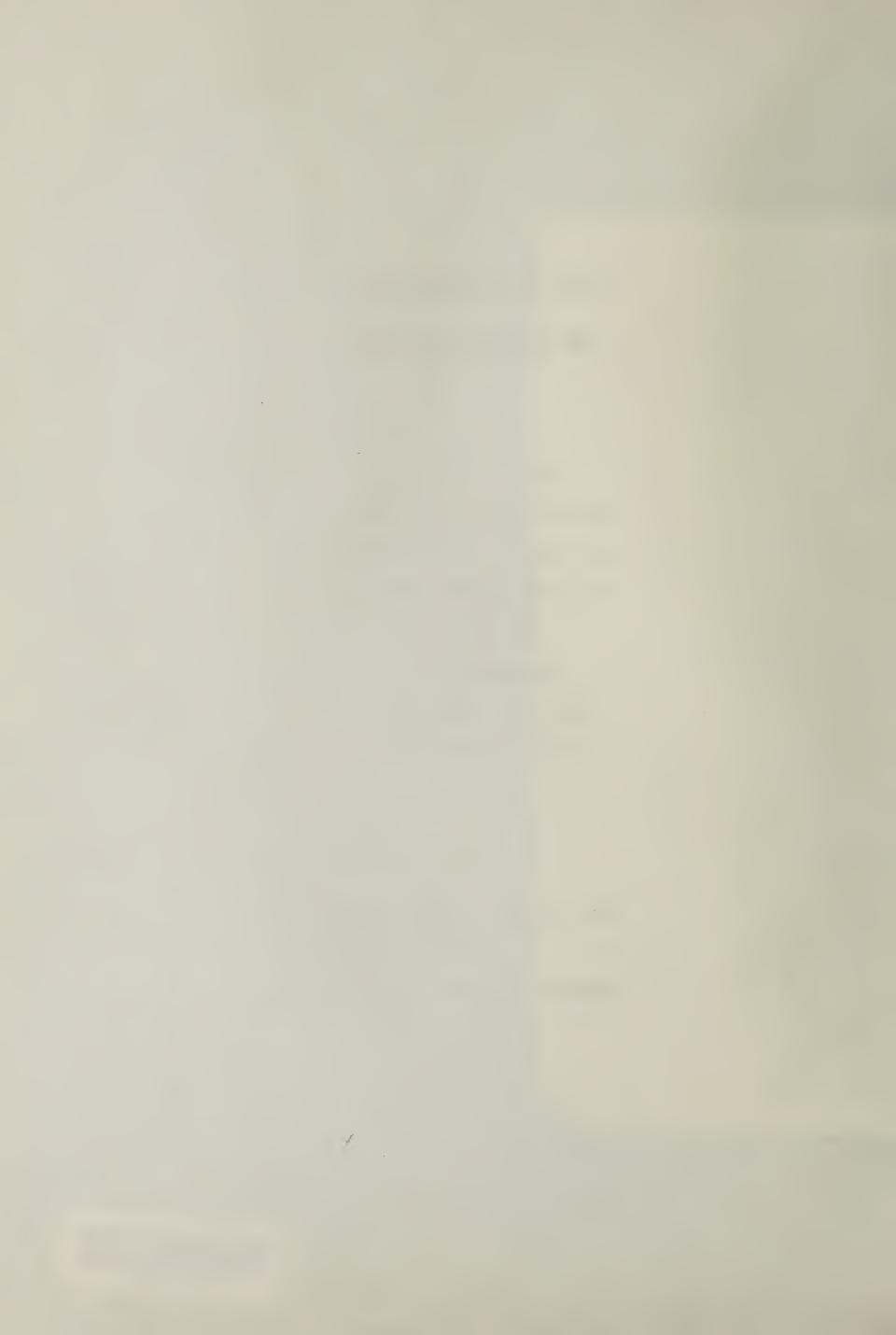
PIETERMARITZBURG,

FOR THE YEAR ENDED
31ST DECEMBER, 1973

BY

J.P. O'KEEFE M.R.C.S. (Eng.) L.R.C.P. (Lond.) D.P.H.

MEDICAL OFFICER OF HEALTH



#### INTRODUCTORY

#### CITY OF PIETERMARITZBURG

PUBLIC HEALTH DEPARTMENT,
P.O. BOX 89,
PIETERMARITZBURG.

To:

His Worship the Mayor and Councillors of the City of Pietermaritzburg.

Mr. Mayor, Ladies and Gentlemen,

I have the honour to present this the Annual Report on the Public Health and Sanitary Circumstances of the City of Pietermaritzburg for the calendar year of 1973. A record of the work carried out by your Public Health Department is included in the report.

The year 1973 has been singularly free of any major outbreak of epidemic disease not only in the City but also in the surrounding areas. The cases of tuberculosis notified in the Borough shewed a slight decrease on the previous year. A point worth mentioning here is the fact that immunisation of infants against Tuberculosis by means of B.C.G. vaccine has been made compulsory by Government with effect from 1st September, 1973. This measure is, in my opinion, long overdue and I feel sure that over the next decade or so, it will be decisive in bringing about the successful control of Pulmonary Tuberculosis in this Country.

The population of the City continues to expand in an orderly manner and the birth and death rates reflect a healthy situation in the Borough. It is a cause for regret that proper statistics of our Bantu population are impossible to obtain from the authorities concerned and this state of affairs invalidates any comparative statistics required for surveys in conjunction with other countries and places.

The year saw some expansion in the services provided by the Public Health Nurses (Health Visitor's) and it is pleasing to note that attention is being paid to the mental health of those attending Child Welfare Clinics as well as to their physical well being. I am happy to acknowledge the great assistance given in our Clinics by Community Mental Health Nurses from Fort Napier and Town Hill Hospitals.

In general, staffing problems have been less than in previous years and I take this opportunity of thanking all staff for their loyal and sustained work carried out during the year.

I must express my appreciation to all the news media for their kind help whenever wanted and to Heads of Departments for their co-operation so freely given.

Lastly to Your Worship and all Councillors, in particular the Chairman and members of the Public Health Committee, my sincere thanks for the helpful guidance and advice given me and my Department so freely during the year.

I have the honour to be, Ladies and Gentlemen, Your obedient servant,

> J.P. O'KEEFE, MEDICAL OFFICER OF HEALTH.

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#### CLIMATE AND RATEABLE VALUE

Latitude - 29 Degrees, 36 minutes, 4 seconds South

Longtitude - 30 degrees, 22 minutes, 46 seconds East

Altitude - At Churchill Square - 658,624 m. (2 160 ft.)

#### TEMPERATURE AND RAINFALL

	RAINFALL	ATMO	SPHERIC TEMPER	ATURE	RELATIVE
1973	IN mm.	Av. Daily	Av. Daily	Av. Daily	HUMIDITY
	(Measurement in inches	Maximum (Fahrenheit	Minimum temperatures	Mean in brackets)	Av. Daily
	bracketed)	C F	C F	C F	
Tanuami	024 12 (0.00)	07.9 (99.0)	16 6 (61 0)	01 2 (70 2)	68,4
January	234,18 (9,22)	27,8 (82,0)	16,6 (61,9)	21,3 (70,3)	1
February	157,48 (6,20)	25,3 (77,6)	15,5 (59,8)	22,1 (71,9)	57,6
March	108,96 (4,29)	28,0 (82,4)	17,8 (64,0)	22,9 (73,2)	74,5
April	89,15 (3,51)	21,9 (71,5)	11,3 (52,2)	17,5 (63,5)	76,8
May	6,85 (,27)	22,5 (72,5)	9,2 (48,7)	16,8 (62,1)	70,4
June	NIL	21,2 (70,2)	3,7 (38,6)	15,5 (59,9)	62,2
July	20,57 (,81)	29,7 (85,6)	8,0 (46,3)	19,4 (67,0)	76,5
August	94,99 (3,74)	23,0 (73,5)	6,8 (44,2)	11,3 (52,3)	64,4
September	56,79 (2,24)	23,95(75,1)	9,1 (48,3)	17,3 (63,2)	65,0
October	146,30 (5,76)	23,90(75,0)	11,7 (53,0)	18,8 (65,8)	70,5
November	176,78 (6,96)	24,2 (75,4)	13,4 (56,2)	19,3 (66,9)	73,4
December	97,79 (3,85)	28,6 (83,6)	14,7 (58,6)	22,1 (71,8)	67,0
TOTAL RAINFALL	1189.99 (46.85)			and control of the co	

#### AREA OF MUNICIPALITY :

Value of Rateable Property : R266 122 990. Exempted Property : R 86 896 990.

MUNICIPAL RATE: General: Land: 2,5 c in Rand.

Buildings: 0,9 c in Rand.

: Water : Rate : O,1 c in Rand on Land only.

Total Public Health Expenditure, expressed as a percentage of net maintenance expenditure of Borough : 6,2%

#### THE ENVIRONMENT

#### (a) AIR POLLUTION

Pietermaritzburg, the Capital City of Natal, lies in a bowl, being surrounded by high hills on three sides and with two small rivers coursing through its central area. This geographical configuration tends to protect it from upland winds to a large extent, so that the central city area becomes subject to higher day temperatures than would otherwise obtain. This configuration also tends to encourage the phenomenon of temperature inversion in the winter months, with consequent smog layer formation over the City in the cold evenings and nights, which disperses in mid morning when the warmth of the sun penetrates the layer. The "smog" which is characteristic of the City's winter climate is caused chiefly by the water vapour ("mist") from the river valley in which the town lies, trapping the smoke particles from house and factory chimneys (and steam engines of the S.A. Railways), this forming the cold inversion layer that overhangs the city until the morning sun warms it up and disperses it for the rest of the day.

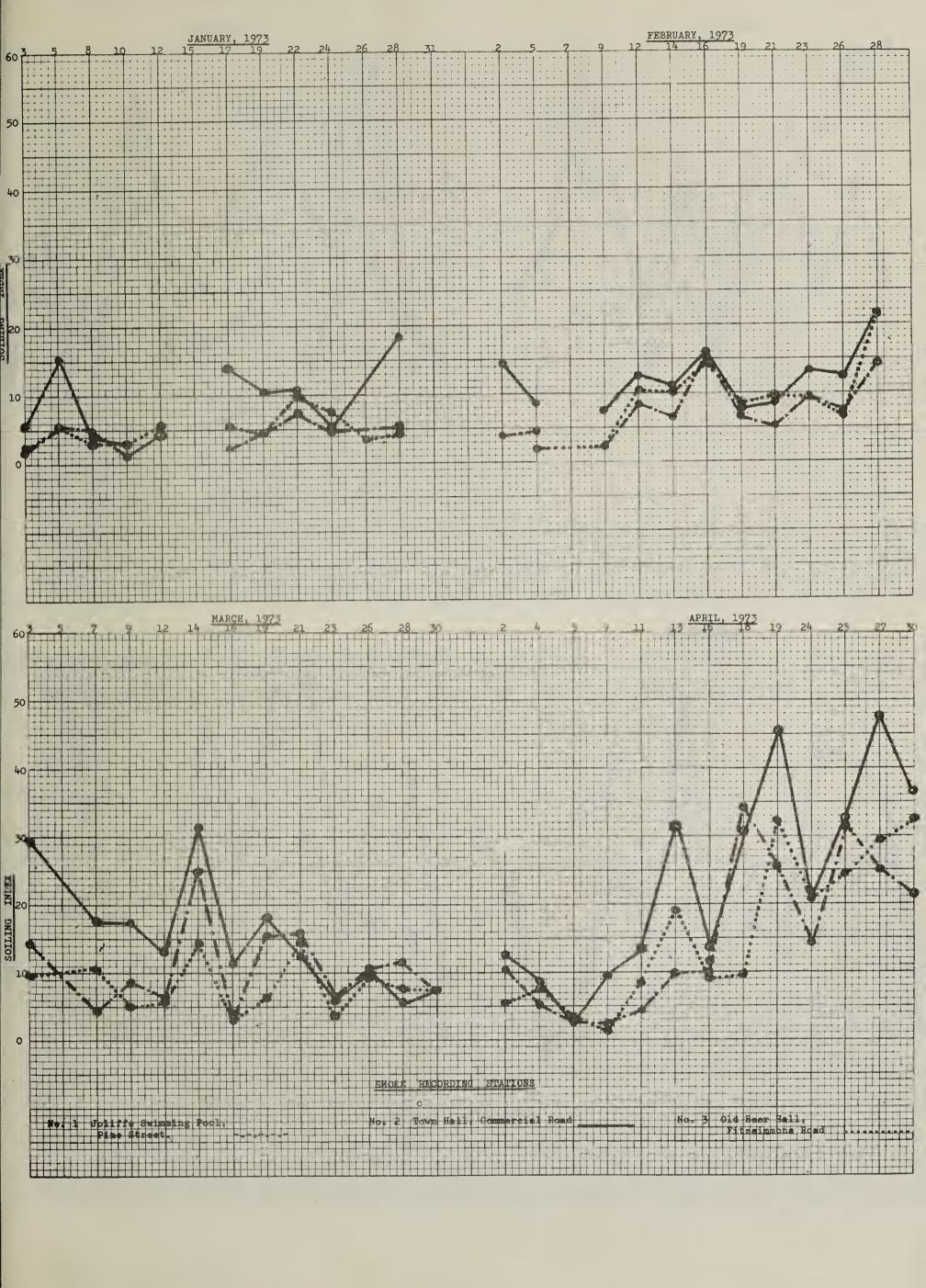
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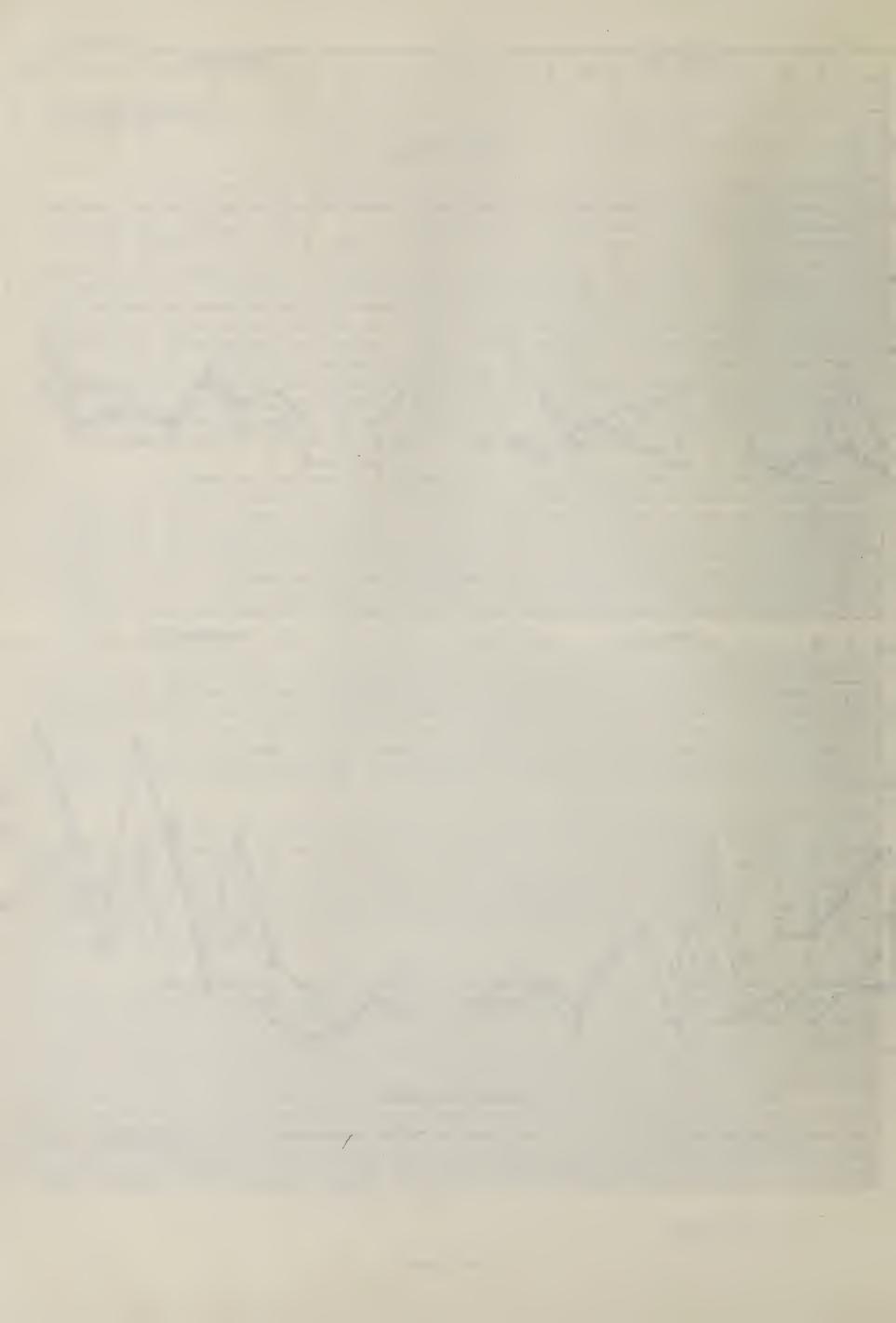
The above, in brief, explains why a city the size of Pietermaritz-burg, with light industries only and with a large residential area is subject to the nuisance of Air pollution. The pollution as such is not too serious insofar as the smog constituents do not have too deleterious an affect on the health of the citizens. Sulphur dioxide, lead, antimony and mercury contamination is very low or non-existent and of no pathological consequence at present. A careful watch is kept on the establishment of new factories and even on the introduction of new processes in existing factories in order to control and eliminate any new noxious emissions.

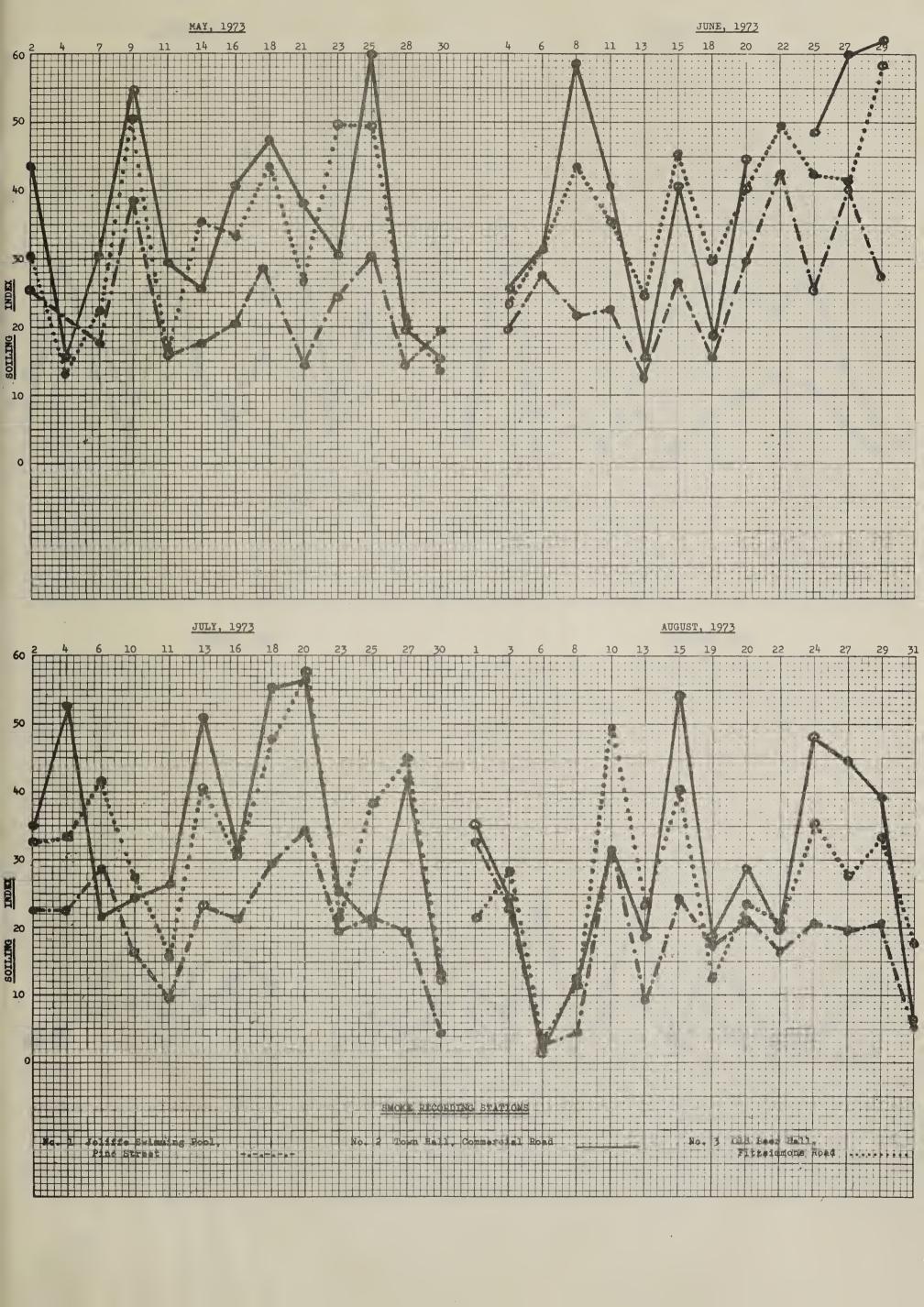
Twenty-four hour monitoring of the amount of atmospheric pollution is carried out at three points in the City on a line roughly running from East to West at (a) the old Corporation Brewery, Ohrtmann Road (b) the City Hall and (c) the Joliffe Pine Street Baths. As is to be expected, the overall picture is one of increased pollution in the winter months with the highest "smog" concentrations occurring in the Central area around the City Hall.

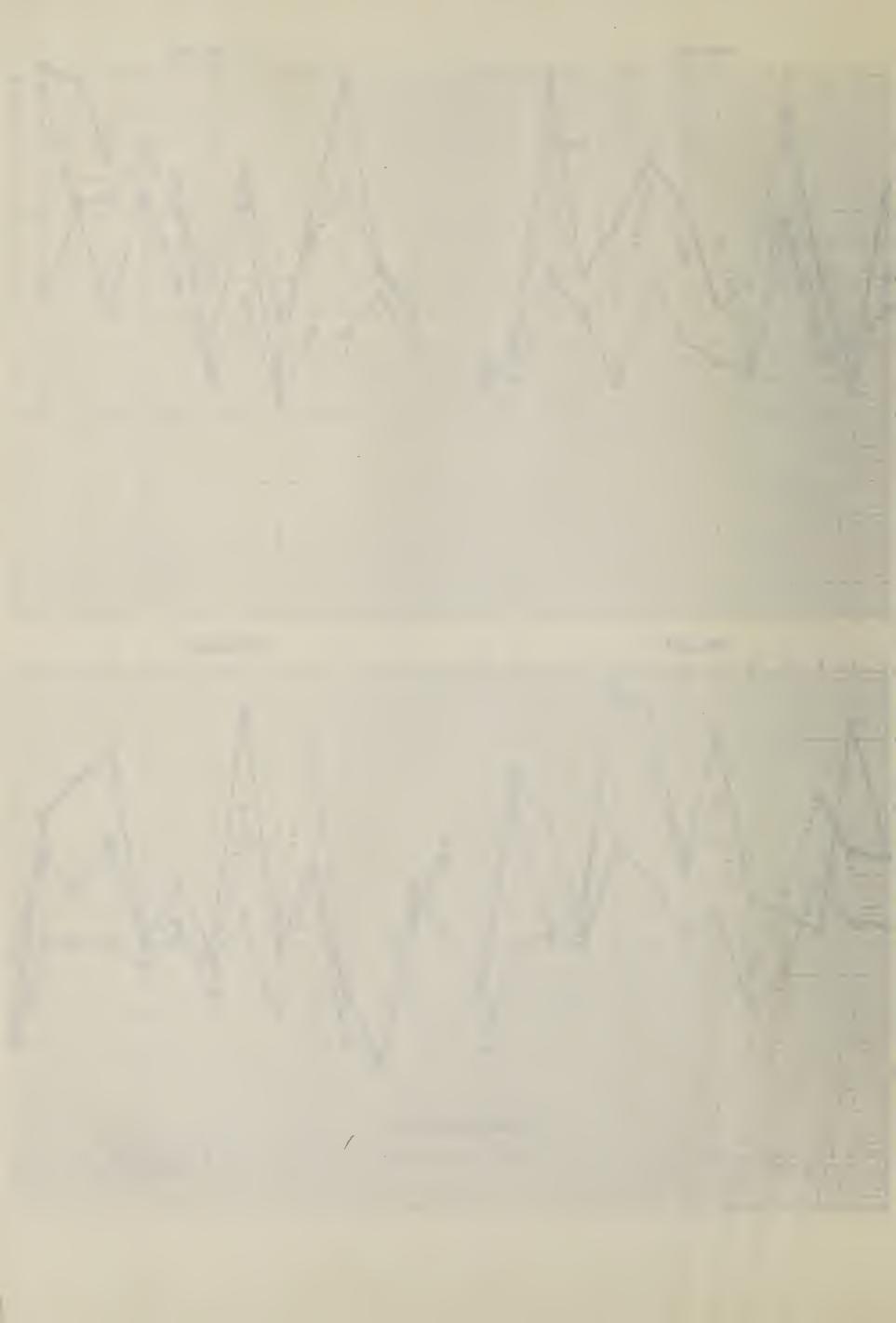
During the year the City Council took the decision to request Central Government to declare Pietermaritzburg a smokeless zone, except for all existing buildings and establishments, and we are at present awaiting Government's approval of this scheme. If implemented, it means that all new suburbs and other development areas will be strictly controlled in regard to smoke and other noxious emissions, thereby limiting the increase of the smog problem in Pietermaritzburg.

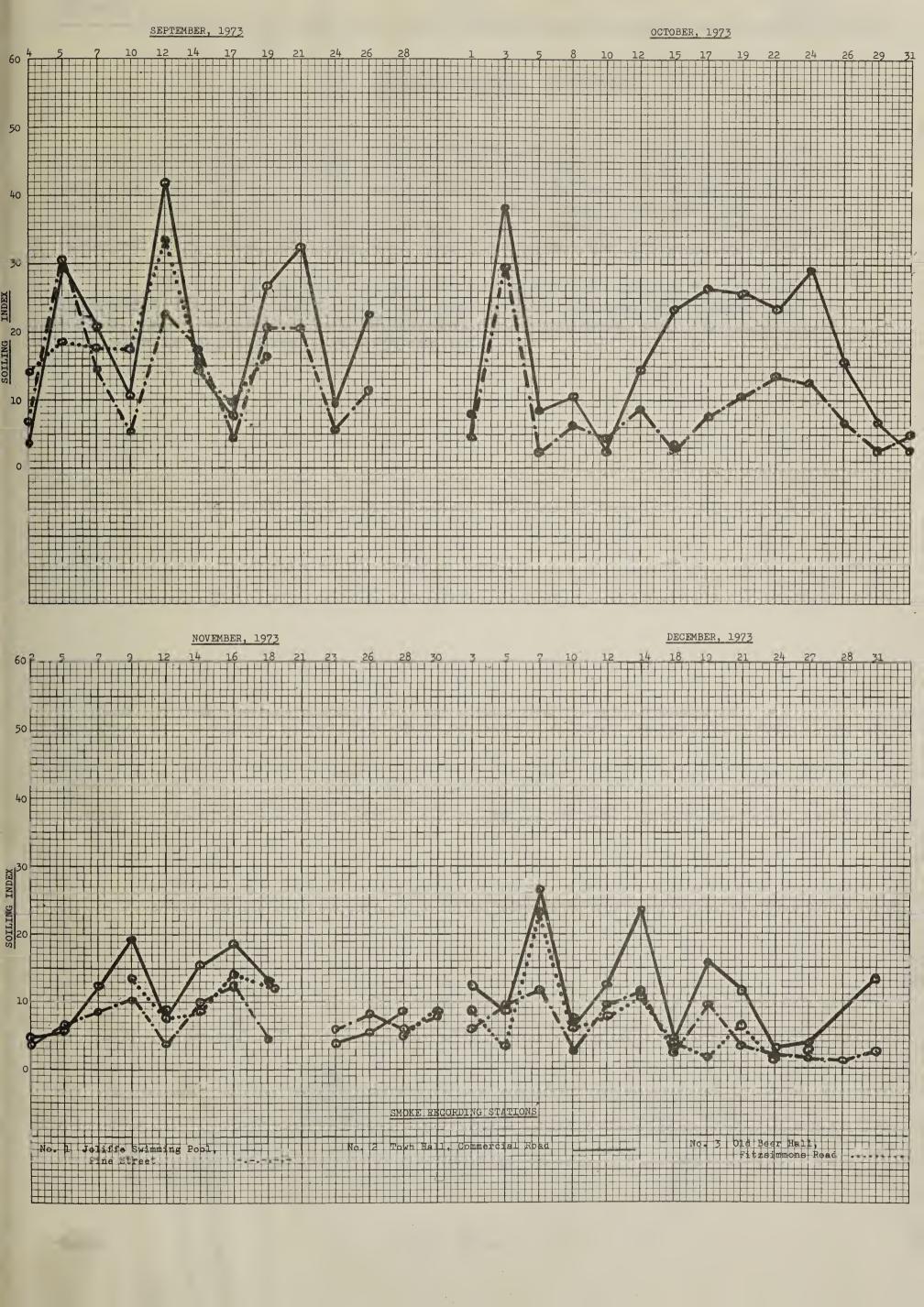
The Railways Administration appointed a Smoke Abatement Officer to their Pietermaritzburg establishment, and I must here acknowledge the ready co-operation of this officer with our Smoke Control Officer in attempting to overcome the serious menace of the coal-fired locomotives, particularly on the Greytown line, the Victoria marshalling yards and the loco sheds at Masons Mill. The world oil fuel crisis at the end of the year gave one cause for alarm lest it interfere with the planned replacement of coal-fired locomotives in Pietermaritzburg by diesel electric equipment, but I am assured that the planning already done will be carried through without delay. We should therefore see the advent of diesel electric locomotives in Pietermaritzburg early in 1974, and it is to be hoped that they will bring about a distinct improvement to the environmental scene.

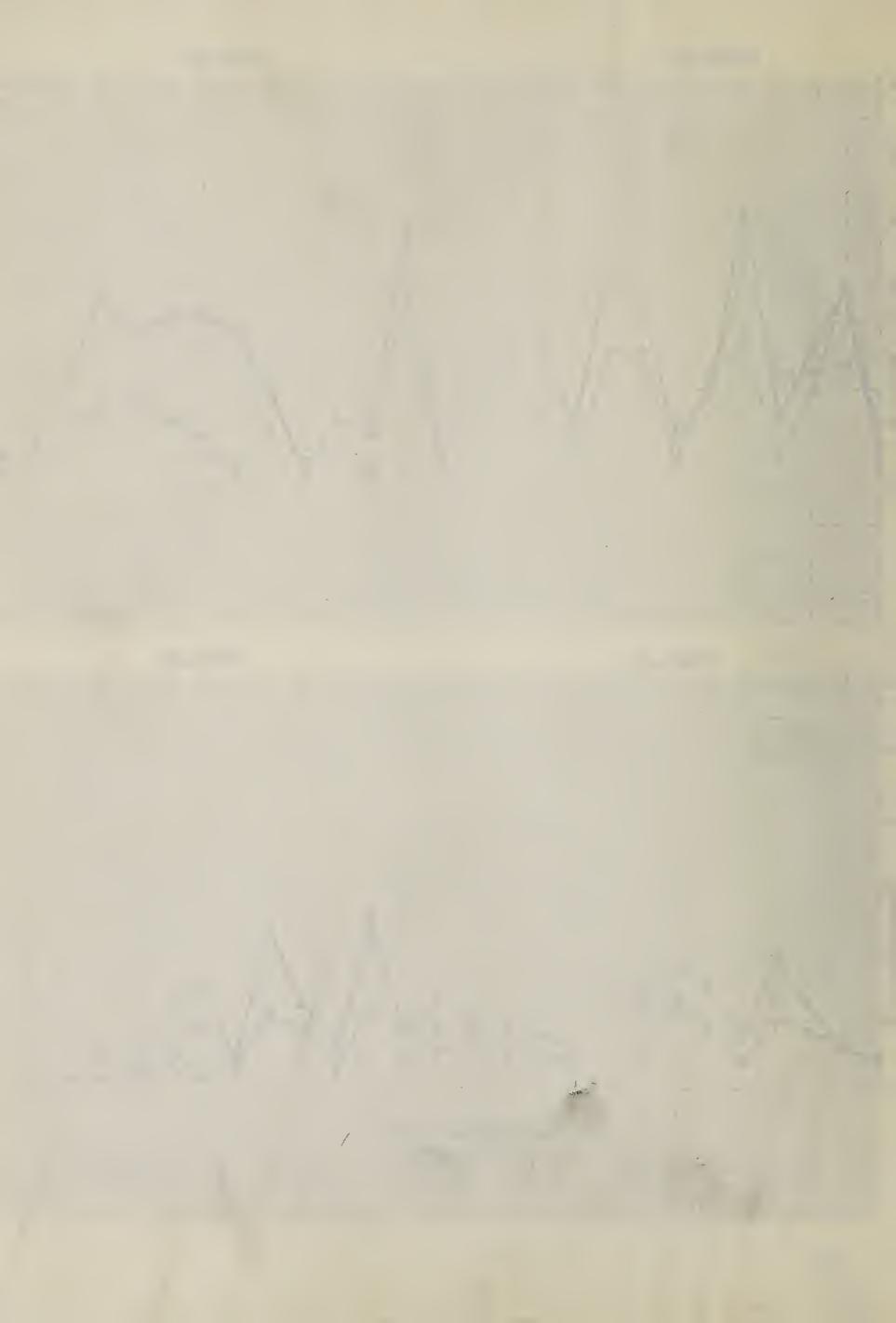












#### (a) AIR POLLUTION Continued

Part IV of the Air Pollution Prevention Act of 1965 deals with the control of dust in affected areas (towns etc.). At present, it is only made applicable to towns and cities where mining is taking place, and its application to Pietermaritzburg is not considered necessary at present, insofar as premises which are "dust producers", e.g. timber mills, stone milling works, etc. can be controlled under our existing by-laws.

Part V of the Act deals with air pollution caused by vehicles. At present the requirements of this part of the Act are applicable only to Durban, Cape Town and Bloemfontein, but it is probable that its provisions will soon be applied to this City as well.

## (1) VITAL STATISTICS

#### POPULATION:

The following estimations of population in the White, Coloured and Asian groups are based on the 1960 and May 1970 Government Census figures for Pietermaritzburg. The Bantu figures have been kindly supplied by the Drakensberg Bantu Affairs Administration Board, as these are considered the most reliable available.

	White	Coloured	Bantu	Asian	All Races
Male Female	22 050 23 890	4 865 4 985	25 806 24 524	19 920 19 660	72 641 7 <sup>3</sup> 059
PERSONS	45 940	. 9 850	50 330	39 5/80	145 700

# TOTAL BIRTHS REGISTERED (RESIDENTS)

	N	lale		Ţ	emal	е	Т	otal	
	Legit.	Illeg.	Total	Legit.	Illeg.	Total	Legit.	Illeg.	Total
White	343	26	369	440	22	462	783	48	831
Coloured	144	57	201	113	40	153	257	97	354
Bantu	104	134	238	129	155	284	233	289	522
Asian	712	20	732	645	2].	666	1357	41	1398
TOTAL.	1303	237	1540	1327	238	1565	2630	475	31.05

	Percentage of Illeg. to All Births	Birth Rate per 1 000 Population
White	5,8%	18,1
Coloured	27,3 %	35,9
Bantu	55 <b>,</b> 4 %	9,6
Asian	2,9 %	35,7
ALL RACES	15,3 %	21,4

YEAR ENDING 31ST DECEMBER, 1973 (Rates for 1972 in brackets for comparison)

POPULATION	WHITE	COLOURED	BANTU		ASIAN	ALL	RACES
	45 940	9 850	50 330		39 580	145	700
BIRTHS: Registered Rate per 1 000 population	831 (21,7)	35,9 (30,7)	522 9,6 (10,8)	3) 35,7	1 398 ,7 (34,7)	21,4	105 (22,2)
BIRTHS: Illegitimate Percentage of total births	48	97	289		41		475
INFANT MORTALITY: Rate per 1000 births			2				113 (38,4)
STILL BIRTHS: Rate per 1000 births	7,1 (6,0)	3 (6,0)	2 4,0 (20,0)	13,6	13,6 (20,0)	6,6	30 (52,0)
	411	69	221		234		935
Corrected for outward transfer)	8,9 (10,5)	7,0 (8,2)	4,4 (2,8)		5,9 (6,5)	6,3	(9,6)
DEATHS:		2	21		ST		36
1000 populat	0,02 (0,1)	0,2 (0,4)	0,4 (0,4)		0,4 (0,3)	0,3	(0,3)
DEATHS: Malignant & other Neoplasms	89	6	19		] ]		108
(444 - A60) Rate per 1000 population	1,5 (1,7)	(7,0) 6,0	0,4 (0,2)		0,3 (0,5)	0,7	(0,7)
DEATHS: Circulatory System	166	15	34		73		288
Rate per 1000 population	3,6 (4,0)	1,5 (1,6)	(0,3)		1,9 (1,9)	2,0	(2,0)
DEATHS: Respiratory System (inc.	51	12	43		38		144
1000 popula	1,1 (1,3)	1,2 (1,5)	(0,0) 6,0	0,0	(0,0) 6	1,0	(0,8)

Page Five

DEATHS

TOTAL DEATHS REGISTERED (RESIDENTS)

	Percentage of all Deaths	12,9	42,0	56,1	42,7	32,8
	Deaths under 45 Years	23	29	124	100	306
PERSONS	Rate per 1000 Population	0,6	7,0	4,4	0,9	6,4
	Deaths All Ages	411	. 69	221	234	935
Щ	Rate per 1000 Female Population	7,6	5,0	3,7	5,7	J, J
FEMALE	Deaths All Ages	182	25	92	113	412
	Rate per 1000 Male Population	10,4	ر. ت	ۍ د. د	ر, 6	7,3
MALE	Deaths All Ages	229	44	129	121	523
		WHITE	COLOURED	BANTU	ASIAN	ALL RACES

The collection of Bantu death details has again proved difficult so all Bantu statistics (and those under the "All Race" category) must be considered inaccurate.

DEATHS
ALL
OF
OCCURRENCE OF /
SEASONAL

Д	78	68	78	95	79	108	103	92	83	68	49	20	935	
[T.	26	27	33	41	30	56	52	32	34	30	31	20	412	
N	52	41	45	54	49	52	51	44	49	38	18	30	523	
Д	14	11	24	28	17	20	30	24	22	17	19	ω	234	
ĹĽı	4	4	Φ	16	4	6	16	12	Φ	Φ	16	Φ	113	
M	10	7	16	12	13	11	14	12	14	6	m	g	121	
Д	13	28	28	21	21	24	16	6	17	12	14	18	221	
ĹΊ	m	14	13	4	ω	12	6	4	10	m		Ŋ	92	
M	10	14	12	17	13	12	7	Ŋ	7	6	7	13	129	
. Д	7	m	Φ	7	П	7	근	7	6		C	9	69	
<u>.</u> [፲		7	Ŋ	~	ı		N		9	4	0	7	25	
M	9		m	LO		4	0	m	m	m	1 0	4	44	
C,	44	26	18	39	40	09	46	39	35	32	14	18	411	
[I,	18	7	7	19	18	35	25	15	07	15	$\infty$	Ŋ	182	
M	26	19	11	20	22	25	21	24	25	17	9	13	229	
	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	TOTAL	
	F P M F P M F F	. M F P M F	.         M         F         P         M         P         P         M         P         P         M         P         P         P         P         P         P         P         P         P         P         P         P         P         P         P         P         P         P	N F P M F P	13         F         P         M         P         P         M         P         P         M         P         M         P         P         M         P         P         M         P         P         M         P         P         M         P         P         P         P         P         P         P         P         P         P         P         P         P         P         P         P         P	NY F P M F P P P M F P P P M F P P P P	NY F P P M F P P M F P P M F P P M F P P M F P P M F P P M F P P P P	HY P F P M F P M F P P M F P P M F P P M F P P M F P P M F P P M F P P P M F P P P P	NY F P N F P	IX         F         P         M         F         P	NY F P M F P M F P M F P M F P M F P P P M F P P P P	NY         F         P         M         P	NY E P M F P	IV.         F         P         M         F         P

OF RESIDENTS IN AGE GROUPS	The second secon
AGE	Į
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DEATHS	The second second
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	Σ		C,	M	ĹĹ	ď	M	[L	ď	M		Q,	M	[I,	Ь
Under 1 Year	11	m	14	13	ĸ	16	26	22	48	19	16	35	69	44	113
1 - 2 Years	Н	1	<b></b> i	F-1	~	2	10	[-]	21	10	Ŋ	15	22	17	39
3 - 4 Years	1	3	1	0	9	1	ı	g	1	ı	9	1	1		1
5 - 14 Years	Н	C)	m		1	0	<b>~</b>	0	<b>~</b>	4	7	9	9	4	10
15 - 24 Years	6		0	<b>-</b> -1	П	7	m	4	7	ω	4	12	21	6	8
25 - 34 Years	N	4	9	N	ū	7	13	4	17	0	4	13	26	12	38
35 to 44 Years	23	7	50	9	1	7	22	ω	30	ω	11	19	49	27	92
Total : 0 - 44 Years	3.7	16	53	23	,9	29	75	49	124	58	42	100	193	113	306
45 <b>-</b> 54 Years	29	13	42	C	4	6	23	6	32	17	10	27	74	36	110
55 - 64 Years	<b>41</b>	23	64	ω	9	14	20	14	34	23	24	47	92	29	159
65 - 74 Years	99	43	109	9	Ŋ	1.1	7	13	20	16	17	33	95	78	173
75 - 84 Years	35	44	79	α	2	4	2	D.	7	2	14	19	44	65	109
85 Years and over	21	43	64	ı	7	2	7	7	4	N	9	ω	25	53	78
TOTAL	229	182	41.1	44	25	69	129	92	221	121	113	234	523	412	935
				CONTRACTOR COMPANY			The state of the s								

(Classified into groups and expressed as a percentage of all deaths) SUMMARY OF CAUSES OF DEATH (RESIDENTS ONLY)

		WHITE	COLOURED	BANTU	ASIAN	ALL	RACES
<b>A1</b> - A5	Tuberculosis	%	% 0	10: 4,5%	3.	3% 13 :	1,4%
A44 - A49 & A51 - A58	Malignant and other neoplasms excluding	47 : 11,8%	9 : 13,0%	15 . 6,8	8% 10 : 4,3	2% 81 ::	8,8%
A50	Cancer of Lung (Primary)	21 : 5,2%	%0 · · · · · ·	4 . 1,8	8% 1 : 0,	4% 26 :	2,8%
A70	Vascular lesions of Central Nervous System	39 : 9,8%	5 : 7,2%	6: 2,7	7% 27 : 11,	5% 77 :	8,3%
A81	Arteriosclerotic and degenerative heart disease	96 : 24,0%	%0,01: 7	4 1,8	8% 40 : 17,	1% 147 :	15,8%
A82 & A83	Other heart diseases	54 : 13,0%	7 : 10,0%	23 : 10,4%	29:12,	8% 113 :	12,1%
A88-A93	Influenza, Pneumonia and Bronchitis	47 : 11,7%	11:15,9%	32 : 14,5%	33 : 13,	6% 123 :	13,2%
A104 ·	Gastro-enteritis and Colitis, except of new born	1 : 0,2%	2 : 2,9%	27: 12,3%	7 : 3,	0% 37 :	3,9%
A.1.05	Cirrhosis of Liver	9 : 2,2%	1 : 1,4%	••	0% 2: 0,9%	3% 12 :	1,3%
A127-A129	Congenital malformations	2 : 0,4%	1 : 1,4%	2:0,9	9% 3: 1,	3% 8	%6,0
A130-A135	Diseases of early infancy, including gastro- enteritis and hypp-proteinaemia	10 : 2,4%	8 : 11,6%	2 : 0,9%	16 : 6,	36 %	3,8%
A136-A137	Senility and ill-defined causes	8 : 2,0%	7 : 10,0%	32 : 14,5%	10: 4,	2% 57 :	6,1%
AE138	Motor vehicle accidents	9 : 2,3%	2 : 2,9%	7: 3,2%	4	7% 22 :	2,4%
AE148	Suicide	6 : 1,5%	1 : 1,4%	••	0% 2: 0,9%	6 %6	1,0%
	All other accidents	6 . 1,5%	%0 · 0	7: 3,2	2% 1 : 0,	4% 14 :	1,5%
	Residue of all deaths	56 : 13,1%	8 : 11,6%	50 : 22,7%	46:19,	6% 160 :	17,2%
	The first of the f	THE RESERVE OF THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN THE PERSON NAMED IN THE PERSON NAMED IN THE PERSON NAMED IN THE PERSON NA	And the second s	The state of the s	the same of the sa		

DISEASES OF THE CIRCULATORY SYSTEM

(CODE NOS. A.79 - 86)
RESIDENTS: DEATHS IN AGE GROUPS

S	Q	2	m	17	46	62	80	45	30	288
RACES	ĬΉ	4	1	9	10	30	36	27	20	133
ALL	M	1	2	11	36	32	44	18	10	154
	d	m	m	4	14	22	17	2	m	73
ASIAN	ഥ	2	1	C	3	13	10	5	2	39
	M	1	2	1	11	6	2	2	1	34
	Ъ	1	0	3	12	12	5	1	0	34
BANTU	Ĺ	1	0	0	9	9	r	1	0	17
	M	0	0	3	9	9	2	0	0	17
	ď	1	q	4	2	4	3	2	0	15
COLOURED	Ħ	ı	ı		0.	<u>.</u> د	1		0	9
ŏ	Z	ı	1	m	7	-1	2	1	0	6
	Ъ		0	9	18	24	55	35	27	166
WHITE	ĹĽ	T	0	7		Φ	22	20	18	72
	M	0	0	4	17	16	33	15	6	94
		Under 25 Years	25 - 34 Years	35 - 44 Years	45 - 54 Years	55 - 64 Years	65 - 74 Years.	75 - 84 Years	85 Years and Over	TOTAL

DEATHS DUE TO RESPIRATORY INFECTIONS

	 THE VEAR)
	HH
37)	OF
(CODE A.87 - A.97	HO SHILL NEW NEW NEW TO
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Page Eleven

DEATHS DUE TO RESPIRATORY INFECTIONS (CODE A87 - A97)

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Page Twelve

MALIGNANT AND OTHER NEOPLASMS (CODE NOS. A.44-A.60)

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ACCIDENTS, POISONINGS AND VIOLENCE - DEATHS

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AE144 Accident caused by Hot Substance, Corrosive Liquid, Steam and Radiation					nd. segmentamitmetimassestimastimas	ng, tingga, sanggallang, tinggalanggan getaka dinyagan												
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(CODE Nos. AE138 and AE139)

(Residents Only)

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CHAPTER I
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Continued

CAUSES OF DEATH

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1973

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#### INFECTIOUS DISEASES

The year did not reveal any serious outbreak of notifiable infectious disease, and this conformed with the tendency throughout the Republic. Viral hepatitis cases keep cropping up sporadically in different institutions but no common denominator can be found to link one outbreak with another.

It will be noted that 22 cases of encephalitis were notified during the year. Most notifications did not qualify this bald diagnosis in any way nor hazard an opinion as to whether the cases occurred as complications of some other clinical condition, or whether they were arthropod-borne or what.

A close watch has been kept on gastro-intestinal and dysenteric cases during the year, but no severe outbreaks have been noted.

As regards non-notifiable infectious disease, virus influenza continued to cause trouble during the winter months - the strains responsible being varied. Outbreaks in all sections of the community lead to interference with the economic life of the community and for this, if no other more personal reason, the public should be educated to isolate themselves for the acute phase of the disease, thus restricting, if not preventing, spread to others. Early acceptance by individuals at risk of polyvalent vaccine should also have a beneficial effect on the general fitness of the community. The actual incidence of influenza in the community is not accurately known and for this reason, it can be argued that the morbidity of any outbreak could be better assessed were the disease to be made notifiable.

#### TUBERCULOSIS

STAFF: Medical Officer (part-time), two White and two Bantu Health Visitors, and two Bantu Health Assistants, all of whom are employed full-time.

The major aspect of the Tuberculosis Clinic Staff's work during 1973 was concentration on preventive measures. For most of the year, all school newcomers (excluding the White group) were routinely Heaf tested and, where necessary, given BCG vaccination. This procedure was also carried out on school leavers when possible.

In addition, arrangements were made for all new-born babies at Grey's Hospital to receive BCG inoculations. These included the White, Coloured and Asian race groups.

As stated elsewhere, BCG immunisation of infants was made compulsory by the Government with effect from 1st September, 1973. The immediate effect unfortunately, was that Government medical stores ran out of vaccine stocks, and these remained virtually unobtainable for the rest of the year! So that, in Pietermaritzburg, the vaccination campaign against Tuberculosis was halted and all planning in this regard delayed by several months in consequence.

There was a decline in the total attendance at the Clinic to 10 883 (1972 - 12 321), as well as the number of home visits - 7 413 as against 10 713 the previous year.

In conformity with modern concepts of the therapy of active pulmonary tuberculosis, every effort is made to treat active cases on an out-patient regime and so avoid admitting patients to hospital with all the psychological and emotional upset that such involves. The housing occupied by T.B. outpatients is carefully checked, extra rations are distributed to the needy and periodic re-appraisals are made of contacts.

Less use is being made of Streptomycin because of its several serious side effects and the drug of choice is at present "Neotizide".

The following notified cases were on our Tuberculosis register as at 31st December, 1973 (1972 figures in brackets):

	White	Coloured	Bantu	Asian	Total
Pulmonary T.B.	139	152	2733	532	3556
	(145)	(136)	(2927)	(600)	(3808)
Non-Pulmonary T.B.	3	<u>-</u>	-	3	6
	(2)	(1)	(1)	(3)	(7)

#### Heaf Tests Carried Out

			(l) Firs	t Tests		(2) Following BCG Administration					
		White	Col.	Bantu	Asian	White	Col.	Bantu	Asian		
	Positive	41	246,	1491	472	3	5	4	11		
I	Negative 924		1237	1535	4302	1		-	1		
	Doubtful	-	_	_	_		-	-	-		
	Not Read 40		29	280	97	_	1	-	2		
	Total	1005	1562	3306	4871	4	6	4	14		

Pulmonary T.B. Hospital Admissions: Admissions to the Non-European Infectious Diseases Hospital totalled 155, of which 63 were Borough cases (16 Coloureds, 36 Bantu and 11 Asians) and 92 Out-of-Borough cases (3 Coloureds, 85 Bantu and 4 Asians). Last year's totals were 76 In-Borough cases and 277 Out-of-Borough cases.

Two Whites, admitted to Grey's Hospital for other causes, were found to have Pulmonary Tuberculosis. A total of 28 Pulmonary T.B. cases were admitted to other hospitals (see Page 3 Chapter II).

Supplementary Rations: A maximum of 27 Pulmonary T.B. patients, who are unfit for work, are provided with rations, issued weekly and varying according to race. These consist of high-protein and carbohydrate items. A 500 g. packet of Nespray is issued in lieu of milk, as this proves more convenient to the many aided patients who do not have refrigerators. During 1973, 2 800 packets of Nespray were distributed. Further, free transport to collect the rations is provided.

In addition, the Natal Anti-T.B. Association also assists a number of patients and their dependants. These include approximately 30 per month notified from the Local Health Commission, Edendale, and the balance from the Municipal Tuberculosis Clinic, the local S.A.N.T.A. Centre, and district clinics.

During the year, a total of 911 cases (two Whites, 15 Coloureds, 883 Bantu and 11 Asians) were assisted.

The following tables illustrate the trend in notifications and deaths from this disease over the period 1955 - 1973:

# PULMONARY TUBERCULOSIS PIETERMARITZBURG

		I.	OTIFICAT	CIONS			Ι	EATHS		
	White	Col.	Bantu	As.	Total	White	Col.	Bantu	As.	Total
1955 1956 1957 1958 1959 1960 1961 1962 1963 1964 1965 1966 1967 1968 1969 1970 1971 1972 1973	14 8 13 98 42 31 58 59 84 65 5	9 14 10 6 10 18 14 18 13 6 24 20 13 12 30	75 86 84 83 97 92 80 107 80 92 107 129 111 132 117 121 119 87	31 11 24 21 30 23 30 21 22 36 28 37 48 37 45 46	129 119 129 130 133 140 167 118 141 126 144 206 170 189 187 184 178	0022101111010120110	2010002100011311310	11 314 11 916 324 5336 3534 10	2428221201320030023	15 79 12 10 73 68 74 10 96 78 13

# NON-PULMONARY TUBERCULOSIS PIETERMARITZBURG

		NC	TIFICATI	ONS			DF	CATHS		
	White	Col.	Bantu	As.	Total	White	Col.	Bantu	As.	Total
1955 1956 1957 1958 1959 1960 1962 1964 1964 1966 1966 1968 1968 1970 1971 1972 1973	1041000020102120020	1011120101000103010	4124313227544311322	3112324214242167330	9288757552888691682	110010001000000000000000000000000000000	00100000000000000000	3024341013210014021	0011101010010000	4145542033221026021

PIETERMARITZBURG.
1
OUT-PATIENTS
RCULOSIS
TUBE
1973 - TUBE

		WHITE	闰		S	COLOURED	3D			BANTU	UT.U			ASIAN	AN			TOTAL	11	
	Bor	r.	0/B.	B.	Bor	6.	10	0/B.	Bor	•	0/B.		Bor	• Su	0/B.	e e	Bor	•	0/B.	B.
	Z	Ęтų	X	타니	Z	[ <del>-</del> -1	Z	FH	M	두	M	ĮΞų ¯	M	ĒΉ	M	Fτ	M	된	Z	ĒΉ
New Cases	77	10	2	9	28	8	N	Н	346	95	623	147	86	8+7	2	W	964	171	629	157
Total Attendances	159	152	28	24	319	273	100	10	3469	1295	2472	765	1013	240	62	33	0964	2460	2581	832
Sputa Examined .	15	2	H	l	12	17.	0	1	26	52	428	80.	57	13	9	<del></del>	177	92	435	66
Sputa Positive	4	1	l	0	ı	1	ı	I	N	N	17	2	1	ı	ı	1	0	W	17	2
X-Rays Examined	62	49	14	12	56	45	W	ı	196	131	1.24	52	121	117	14	9	435	357	155	75
X-Rays Positive	31	27	9	2	53	21	N	Н	8	38	62	27	45	53	N	<del></del>	195	139	72	36
New Cases Found Positive	7	9	7	M	7	9	H	ı	53	17	1.4	19	22	19	H	. ~	8	44	77	77
Admission to Hos- pital from Clinic	N	Н	1	l	N	2	Н	1	9†	∞	63	10	N	· w	Н	1	5	7. 7.	65	10
Contacts Examined	H	2	ı	t	7	9	ı	1	. 23	16	200	20	19	10	7	Н	63	34	30	21
•		WHITE	闰		D	COLOURED	HD H		×	BAL	BANTU			ASIAN	AN			TOTAL	AL	
Home Visits to T.B. Patients and their contacts (Borough cases only)		41.8				069				7.	27.23			٦ ا	052			7 4	413	
								,								,				

Page Twenty-seven

### MINIATURE X-RAY CLINIC

This section is, undoubtedly, the greatest diagnostic aid of the T.B. Clinic, particularly among the Non-White races. It is staffed by two White Clerk/Radiographers and three Bantu Clerks, and during the year a total of 31 291 70 mm. X-Rays were taken, of which 1 194 were suspicious of active lung disease.

In addition, a fair number (963) of X-Rays were carried out on behalf of private practitioners, but were not reported on by this Department.

The annual total of 31 291 plates was the second highest on record, and was achieved in spite of the older of the two 70 mm. machines breaking down completely in June. Considerable damage occurred to this 20-year-old plant which, it is estimated, had taken about 400 000 exposures.

The City Council has decided to replace it with a Philips Media 20 generator using a 100 mm. Odelca camera. This is on order, and it is hoped that it will be operational early in 1974.

A major factor concerning the X-Ray Section was the promulgation in August of Regulations concerning the Control of Electronic Products under the Public Health Amendment Act of 1971. Since the X-Ray plants fall under these provisions, all the necessary steps have been taken to register the operators and licence the machines and premises.

				M	MINIATURE YEAR EN		$\triangleleft$	CLI 1ST		ATTENDANCES MBER, 1973	SE S								
17世上山西	E	<u> </u>			COLOTIRED	GE Cle			BANTII	4			ASIAN	Z			TOTAL	Ţ	
Bor.	1	0	B.	Bor		B	0	Bor	1 0	0/B		Bor		10	B.	Bor		0/B	
	[ <del>I</del>	Z	드	Z	ᄄ	Σ	드	Z	E-I	$\mathbb{Z}$	F)	$\Xi$	[ <del>1</del> ]	Σ	[ <del>T</del> -	N	[E]	M	H
								2894	2208	11977	3344					2894	2208	11977	3344
				<b>₹</b> 41 ⊃ <del>7</del> 22 2 - 1				121	20	540	89					121	59	540	68
	C-			0+7	77	$\infty$	N	7	0)	76	17	629	298	31	10	777	385	133	40
	29	4	Н	and to describe the							-					177	29	4	
	164			106	62	N		2099	44 80	135	86	439 1	17	N		2879	287	139	86
	21	4	4	14		H	M	145	89	363	152	86	57	4	9	281	178	372 19	165
								136	H							136	Н		
	92	20	13	77	77	$\vdash$	. M	27 435	14	12	13	136	82	4		48	28	12 82	13
	14	Н	N	29	34	I1	9	119	214	972	216	158	88	20	N	820	350	466	227
N)	361	29	20	223	212	13	25 (	9959	2842	14169	2969	1519	557	19	19	9014	3972	14272	4033
	12	4		0	rV			210	24	Ω	19	56	23	īU	H	295	49	37	20
TOTAL	AL	X-RAYED:	YED:	31 2	291				TO	TOTAL SUS	SUSPECT:	1 194		(excluding		Private	e doctors	ors cases)	(8)

25,0% 26,0% 6,7%%

11 12 11 11

139 100 150 27

11 11 11

(Active or Inactive)

P.T.B.

Suspects

Number of

did not re-attend

Other conditions

Nil abnormal

= =

= =

100,0%

416

RESULTS OF FOLLOW-UP OF SUSPECTED CASES DETECTED BY MINIATURE X-RAY

(excluding Pass Office and Private Doctors Cases)

	B.	[고	0	Ы	<del>-</del>	I	7		16	20
TOTAL	10	M	1	7.7	7	1	0		21	37
TO	r.	দ	7.	10	12		15	ı	22	49
	Bor	Z	24	46	12	1	124		47	295
	B.	[조4	0	0	0	1		0	-	Н
ASIAN	0	M	I	1	ſ	ū	г	1	4	rV.
AS		드	0	М	W	1	2	1	10	23
	Bor	M	4	10	N	1	27	B	13	56
	B.	ᡏᆀ	1	Н	Н		2	ı	15	19
ľŪ	/0	M	0	N	2	0	$\infty$	O	13	28
BANTU	•	ഥ	17	2	70	I	7	C	2	24
	Bor	M	19	78	$\infty$	0	98	g	0 L	210
	<b>.</b>	দ		0	0	0	0	0	1	I
URED	0/B	M	Į.	C	0	0	1	0	1	
COLOURED	٠ 2 ـ ا	ᡏᢋ	Œ.	<u>-</u>		0	-	Ç	N	10
	Bor.	$\mathbb{Z}$	0	W	<u> </u>	0	M	C	2	0
	/B.	댐	0	0	a	1	0	0	O	ı
PEAN	/0	M	0	0	0	O	l	0	7	-4
EUROPEAN	r.	ᄺ	£	W	20	8	M	I	W	12
	Bor	M	П	W	П	0	$\infty$	0	2	20
			A. P.T.B. Active	B. P.T.B. Inactive	C. Other Lung Conditions	D. Cardiac Conditions	E. Nil Abnormal	F. Other Condi- tions noted	G. Did not re-attend	TOTAL

# ANALYSIS OF PASS OFFICE X-RAYS TAKEN

	Во	rough	0/Bo	rough	Total
	Male	Female	Male	Female	
Total X-Rayed	3 015	2 267	12 517	3 412	21 211
Suspect P.T.B.	121 (4,0%)	59 (2,6%)	540 (4,5%)	78 (2,3%)	798 (3,7%)

### FOLLOW-UP RESULTS

	Bor	ough	0/E	Sorough	Total
	Male	Female	Male	Female	
la. P.T.B. Active	1.5	4	44	3	66
lb. P.T.B. Inactive	50	25	306	27	408
2. Other Lung Conditions		63	_	-	-
3. Cardiac Conditions	_		_	com	_
4. Spinal or Thoracic Cage	_		a	_	-
5. N.A.D.	50	29	156	36	271
6. Other Conditions noted	i com	E3	COD	_	-
7. Did not re-attend	6	1	34	12	53
TOTAL	1.21	59	540	78	798

### VENEREAL DISEASE

STAFF:

Three Public Health Medical Officers (all parttime), one White Health Visitor (half-time), three Bantu Health Visitors and two Bantu Health Assistants, the latter devoting their full-time to Venereal Disease.

The total Venereal Disease attendances for the year at 8 336 shewed a decrease of 1 015 on those of 1972, whilst there were 431 more new cases than in 1972. The decrease in total attendances can be explained by the increased use of long-acting penicillin on most cases.

These figures do not, of course, reflect the true incidence in Pietermaritzburg, as many sufferers - especially Whites - go to private doctors for treatment. Our statistics show that only nine new White cases out of a population of 45 940 attended the Venereal Disease Clinic, an improbable proportion.

One of the most important aspects of Venereal Disease work is the follow-up of cases and the seeking out of defaulters at their homes and places of work. In particular, one group of Venereal Disease sufferers who are difficult to treat adequately are those who serve on long-distance buses and other heavy transport. They are here for one treatment and are never seen or heard of again. Closer co-operation between employers of such labour and ourselves would help overcome this problem.

CLINIC ATTENDANCES (NEW CASES) FOR THE YEAR

	M	WHITE		COLOURED	RED			BANTU	n			ASTAN	-		AI	ALL RA	RACES		
		1			4		4		1	The same of the same of			4	The second second		- 3	1		
	Or	0/B		010	0/B		Bor.		0/B°		Bor		B	•	Bor.	0	0	m	Total
	E Z	Z	E4	M	Z	F4	M		Σ	띡	M	ഥ	Z	E4	M	드	M	드	
l. Seroneg. Primary Syphilis				N		a denie San	20	2	99	L L	N	Н			69	7	99	77	163
• 10	7				N		108	15	103	98	W	W	r-1		114	43	901	98	341
. Secondary	2			1		2	229	27	206	149	0			2	241	33	206	149	629
4. Tertiary Syphilis (Clinical)									N									2	2
5. Endosyphilis (Serological)				2			W	g-com				2		<u></u>	9	91	2	12	41
· Neuros																			
• Cong. under										2					10	7	r-l	2	
8. Cong. Syphilis over 1 Year										*							Н		$\vdash$
9. Gonorrhoea			XXX	$\infty$	N	4	468	22	304	96	$\infty$			1	498	09	307	96	196
10. G.C. Vulvo- Vaginitis																			
G.C.																			
12. Ulcus Molle							$\infty$		0						, $\infty$		7		15
13. Lymph. Venereum																			<b></b>
14. Gran. Venereum									M								3		7
							57	50	70	94					57	5	70	4.7	179
•																			
17. Suspected V.D.							148	22	124	80	2	3			162	26	125	80	393
18. Multi-Diseases					(I		93	12	113	52	2				96	12	114	52	274
TOTAL	00	Н	32	5 11	2		1185 1	186	1004	541	30	12	r-I	1 12	258 2	210 ]	1013	543	3024
	The state of the s	The second	2000		- A - A - A - A - A - A - A - A - A - A		A 4 -4 -4 A	A . S . S . A.	- C C C	-			-				-	The second	

VENEREAL DISEASE CLINIC TOTAL ATTENDANCES

	M	WHITE		COI	COLOURED	Œ.			BANTU	n		I	ASTAN				ALL RI	RACES		
	C	†	0/0	Done		0/10	-	Don	il.	0/0		Dow		0/10		Bon	1	0/B		LO TO E
	BOL	F	/	DOL	. [-		F	DOL	þ	- 0	Ę,	DOI M	. [3	9	• [-	DOI.	Ŀ	1	6	тогат
1. Seroneg. Prim.		-	-		H E		1	7 - 10	1 0	000	1 -		1 (	-			1 1	0		
Syphilis				TT				717	1.7	190	7.4	TT	7		7	255	श	190	7.4	) To
2. Seropos. Prim. Syphilis	N	Н		∞	23	, N		298	117	238	236	23	15	7	1, 1		156	242	237	996
				28	$\infty$	2		741	116	553	924	11	5			781	129	555	924	1941
4. Terty. Syphilis (Clinical)								7			7		2			7	2		17	15
5. Endosyphilis (Serological)				∞.	29		7	14	09	22	47	7	22		2	26	111	22	51	210
6. Neurosyphilis					9			<u>-</u>								<b>[-</b> ]	9			
7. Cong. Syphilis under 1 Year				2				0	9	<b>-</b>	16	2	2			<del>+</del> 1	$\infty$	r-1	16	39
8. Cong. Syphilis over 1 Year										<u></u>			г			<b>-</b>	  -	<u> </u>		3
norrh	2			54	6	2	2 1	1293	137	671	230	27	2	2		1377	148	089	232	2437
10. G.C. Vulvo- vaginitis																			<del>[-</del> ]	<del>[]</del>
d <sub>C</sub>																				
• Ulcus M						+		21		∞.						21		12		33
13. Lymph. Venereum								2								2				2
14. Gran. Venereum										7						<u></u>		7		0
							-	215	25	212	135					215	25	212	136	588
16. Phagadaena		i																		
Suspect	7			12	2			326	56	210	166	16	$\infty$	<b>—</b>		358	99	213	991	803
18. Multi Diseases				r—1		<b>-</b> -1		266	19	569	163	7				272	61	270	163	992
TOTAL	10	П		125 8	84 1	17 1	11 3	3408	605	2390	1517	66	9	rU	3 36	3642 7	750 2	2413	1531	8336
																1				

ANTE-NATAL TREATMENT OF SYPHILIS AT V.D. CLINICS

# YEAR ENDING 31ST DECEMBER, 1973

							STAGE		OF P	PREGNANCY	VANC	1. 1								1 1				
			1	Mon	Months						+		Months	ທ					2	- 9 M	Months	hs		
	White		Col.	M	Bantu	4	Sian		White		Col.		Bantu	t t	Asian	an E	White	40	ပ	Col.	Ba	Bantu	AS	Asian
	B 0/B	M	0/B	m	0	M	0	M	B 0/	(B)	m M	0/B	B	0/B	m	0/B	М	0/B	М	0/B	М	0/B	М	0/B
No. of Pregnant women submitted to Serological Test			SECURIO SECURI	t-m-j	r}	pl	r						9	$\infty$	ri				α	r	W	2	W	
No. of Positive or Doubtful Reactors				N									[	N	r1				N		N	n	M	r-I
No. of those who had pre- viously receiv- ed treatment													2	N							N	ri	H	H
No. undergoing a First Course of treatment during preg-				N	N		r			Senioricantani Cirilliani and Witani Chilliani			ひ	9	r1				N		N	_	W	
No. undergoing a 2nd or 3rd Course of treatment during Pregnancy					Y amount to the term of the te								r-1	M		Control of the Contro				r-1	M		r-1	r-i
TOTAL				<b>1</b> 0		N	N						L)	21	M				9	N	12	0 1		N

### V.D. CLINIC DEFAULTER INVESTIGATIONS

		WH	ITE	COLO	URED	ВА	NTU	AS	IAN.
		М	F	М	F	М	F	М	F
UNABLE TO TRACE				1	2	68	51		
RETURNED TO CLINIC				3		131	65		
DID NOT RETURN				1		17	6		
TOTAL OF DEFAULTERS				5	2	216	122		
NO. OF VISITS	Complete Com			5	5	261	154		
RETURNED TO CLINIC									
A. At Request of Health Visitor o  Bantu Health Assistant  1) Following personal visits 2) Following letters 3) Following telephone calls 4) Following accidental encounter				3		96 2 12	51 4		
B. Supplementary Visits by Bantu Health Assistants  1) Employer telephoned 2) Employer visited 3) Defaulters visited	31 32 33					1.3 9	954		
REASONS FOR DEFAULTING									
No reason	41			1		39	39		
Unable to pay transport	42								
Left City	43					28	18		
Hours of work prevent attendance	44								
Clinic Hours unsuitable:	45								
Prefer morning clinic	.A								
Prefer afternoon clinic	В								
Prefer evening clinic	C								
Prefer Saturday morning clinic	D								
Thought him/herself cured	46			2		19	7		
Races not separated enough	47								
Clinic not private enough	48								
Reaction to Injections	49								
Illness	50					3			
Other reasons	51					59	7		

### CHILD WELFARE

The backbone of almost any local authority health service is the personal service rendered in regard to Child Welfare. The weekly clinics held in all group areas of the City are extremely well supported, and the advice given at such clinics is aimed at being supportive to the requirements of the child's family doctor.

In combination with the clinics immunisation centres are established, whilst a further innovation during the year was the introduction of community mental nurses attending at these clinics, so that parents can now receive advice regarding psychological problems besetting them in regard to their children and also receive advice as to whose further professional advice they should seek.

### DIPHTHERIA

Immunisation against Diphtheria continues to be one of the major undertakings of the Child Welfare section. During the year 3 684 children were immunised against the disease (White 865, Coloured 346, Bantu 756 and Asian 1717).

Of these 851 Whites, 344 Coloureds, 753 Bantu and 1 707 Asian infants were immunised against Whooping Cough and Tetanus at the same time as against Diphtheria.

The percentages of children completing the immunisation course were as follows:

White: 88,4; Coloured: 70,5; Bantu: 63,5; Asian: 86,2.

The total number of booster doses given was 4 143 (White: 1 356; Coloured: 359; Bantu: 565; Asian: 1 863).

The total number of Diphtheria immunising injections was 7 859 (White: 2 225; Coloured: 705; Bantu: 1 331; Asian: 3 598).

The following table gives the total births; the notifications and deaths from Diphtheria, and the number of children immunised (completed courses) by the Public Health Department since 1964:

		WHITE			СО	LOURE	D			BAN	TU			ASIAN		
	Births	Immunised	Notifications	Deaths	Births	Immunised	Notifications	Deaths	Birchs	Immunised	Notifications	Deaths	Births.	Immunised	Notifications	Deaths
1964 1965 1966 1967 1968 1969 1970 1971 1972	· 780 734 680 807 992 1068 901 858 986 831	1168 602 756 610 648 824 707 932 990 865	1 1 *4 -3 -1 -1		262 229 205 294 358 358 354 354	347 209 241 207 188 266 310 737 346	5-323-		700 815 983 1000 892 707 481 328 521 522	486 256 376 503 430 414 522 342 2154 756	3247321	2 2 - 4 -	902 688 777 1252 1277 1511 1157 1279 1303 1378	1265 1000 956 907 996 1170 1172 1643 1884 1717	2 1 1 5 10 4	23

- \* Includes 1 Diphtheria Ulcer
- Includes 1 Carrier

The immunisation history of 13 of the Diphtheria cases admitted to our hospital in 1973, and confirmed by Virulence test, showed that none had been immunised, or no information was available concerning immunisation. Of these, five died.

It should be noted that all the above admitted cases came from the rural areas of the Natal Midlands, i.e. outwith the Borough itself.

### ANTERIOR POLIOMYELITIS

For the first time since 1967, no cases of Anterior Poliomyelitis were reported in Pietermaritzburg. A significant change in prophylactic measures was made during the year, when booster doses were discontinued from 31st May on the advice of the World Health Organisation.

Oral Poliomyelitis Vaccine (Sabin) was offered to eligible age groups in all races as laid down by the State Health Department.

The vaccine is now given at the regular immunisation clinics held throughout the year. During 1973, this Department administered the following doses of the Oral Vaccine (Sabin Types I, II and III):

### POLIOMYELITIS IMMUNISATION

					-										
				4	AGI	E GRO	DUPS	AND	FEEDS	5					
RACE	Under	· l ye	ear	1-4	year	rs (	5-9	) year	cs	10-	19 yea	ars	Over	19 ye	ears
			3rd Feed	lst Feed	1	1			3rd Feed	8	2nd Feed	1	lst Feed	1	3rd Feed
WHITE	950	869	841	51	39	38	23	21	22	15	4	7	13	18	11
COL.	447	324	298	40	20	17	1.3	-	3	2	-		-	-	-
BANTU	1052	818	682	100	59	47	431	1.9	5	6	3	1	-	-	_
ASIAN	1797	1695	1574	88	37	44	47	18	13	3	1	4	_	-	-
TOTAL	4240	3706	3395	279	155	146	514	58	43	26	8	12	13	18	11

POLIOMYELITIS ORAL IMMUNISATION: BOOSTER DOSES (From January 1st to May 31st, 1973)

WHITE : 1 210
COLOURED : 324
BANTU : 172
ASIAN : 1 569
TOTAL : 3 275

The annual incidence of Poliomyelitis in Pietermaritzburg is shown in the following table of notifications:

1945 - 7;	1946 - 0;	1947 - 2;	1948 - 32;	1949 - 4;	1950 - 1;
1951 - 11;	1952 - 3;	1953 - 3;	1954 - 25;	1955 - 20;	1956 - 51;
1957 - 20;	1958 - 4;	1959 - 4;	1960 - 6;	1961 - 1;	1962 - 0;
1963 - 2;	1964 - 1;	1965 - 1;	1966 - 0;	1967 - 0;	1968 - 2;
1969 - 9;	1970 - 2;	1971 - 1;	1972 - 1;	1973 - 0.	

Non-White Poliomyelitis cases are treated in the Non-European Infectious Diseases Hospital for a period of three weeks and then transferred to the other hospitals or Kwa Hlegabantu for further orthopaedic treatment when required. White cases are being treated in the isolation wards of Grey's Hospital, when necessary.

### INFANT WELFARE

### 1. INFANT CLINICS

		White	Coloured	Bantu	Asian	Total
NEW CASES :	Under 1 Year Over 1 Year	1 002 21	407 32	1 071 34	1 654 37	
	TOTAL :	1 023	439	1 105	1 691	4 258
ATTENDANCES :	Under 1 Year Over 1 Year		3 483 1 170	11 993 5 447	20 385 6 434	46 367 14 070
	TOTAL :	11 525	4 653	17 440	26 819	60 437

### 2. HOME VISITS

	White	Coloured	Bantu	Asian	Total
Ante-Natal First Visits - (Notified Births) Re-Visits - Under 1 year Re-Visits - Over 1 year Infectious Disease (Non-T.B.) Protected Infants Pediculosis & Scabies Visits Infant Mortality Visits Other Home Visits	5 979 773 1 364 15 18 360	113 291 706 1 342 2 94 9	20 839 1 251 1 643 17 9 5 24 216	82 1 428 2 385 4 939 19 23 165 11 588	220 3 537 5 115 9 288 90 141 170 62 1 353
TOTAL	3 566	2 746	4 024	9 640	19 976

### 3. MILK DISTRIBUTED (KGS.)

	White	Coloured	Bantu	Asian	Total
Nespray	225,5	294,0	1226,0	1121,5	2867,0
Milk Powder	74,0	198,5	3899,5	2594,0	6766,0

The skimmed milk powder is issued under the State Health Anti-Kwashiorkor scheme, and the low incidence of this disorder reported in Pietermaritzburg indicates that the scheme plays, at least, some part in this achievement.

### SMALLPOX VACCINATION

Vaccination of infants (all races) has been carried out at the Municipal Infant Welfare Clinics and adults applying to the Public Health Department are also vaccinated. This service serves to supplement the free service available to the public through the Public Vaccination carried out by the District Surgeon, and the vaccination carried out by the General Practitioners, returns of which are no longer received by this Department. It should be noted that the Public Health Department cannot issue an International Certificate of Vaccination.

The number of primary vaccinations carried out by this Department at its Clinics during this period was 3 422. (White: 742; Coloured: 286; Bantu: 574; Asian 1 838).

Re-vaccinations totalled 1 178. (White: 405; Coloured: 122; Bantu: 69; Asian: 582).

Vaccination is also carried out on certain Bantu attending preemployment examination at the Pass Office. (See page 1, Chapter VI).

### MATERNAL MORTALITY

No deaths were recorded.

The Midwifery Training School at Grey's Hospital (the Provincial Hospital) provides midwifery services for Whites, Coloureds and Asians in the wards of Grey's Hospital, and District Midwifery Services in Pieter-maritzburg for Whites, Coloureds and Asians. In addition, Ante-Natal Clinic Services for these races are provided.

A weekly Ante-Natal Clinic session has been commenced by Grey's Hospital staff in the Northdale Municipal Infant Welfare Clinic building. This facility has been granted to the Province free of charge by the City Council.

The Bantu Maternity Wards and Ante-Natal Services at Imbali are provided at the General Hospital at Edendale. Bantu District Midwifery is carried out in the Sobantu Village by a Municipal Bantu Midwife.

The following figures have been supplied by the courtesy of the Medical Superintendent of Grey's Hospital:

### (a) Ante-Natal Clinic Attendances:

Whites : 1 516 Coloureds : 2 682 Asians : 10 712

TOTAL 14 910 (12 261 last year)

Of these, one White, 14 Coloureds and 13 Asians reacted positively to VDRL Tests.

### (b) Total number of District Midwifery Visits:

Whites : 428
Coloureds : 1.746
Asians : 6.029

TOTAL 8 203 (10 510 last year)

### SOBANTU VILLAGE

The Municipal Bantu Midwives conducted 46 confinements, made 673 Ante-Natal visits, and 819 maternity visits. All were in the Village, where an ante-natal clinic was held at the Dispensary. Details:

No. of	Ante-Natal	VDRL's	VDRL's	RH	RH
New Patients	Attendances	taken	Positive	Positive	Negative
110	463	110	10	89	4

The Midwifery District service previously conducted by this Department at Imbali has been discontinued. Pietermaritzburg is a "prescribed area" under Section 39(b) of the Medical and Pharmacy Act No. 13 of 1938.

DEATHS UNDER 1 YEAR

		WHITE	COLOURED	BANTU	ASIAN	ALL RACES
1	First 24 Hours	10:12,0	6:17,0	1	4,9:6	25:8,1
eri Vata	2nd - 7th Days	1: 1,2	2: 5,7	2:5,8	10:7,1	15:4,8
	TOTAL - 1 WEEK	11: 13,2	8:22,6	2:5,8	19:13,5	40 : 12,9
ř	l Week - 1 Month	Z ° T : T	1: 2,8	5:5,7	1:0,7	6:1,9
əN tsN	TOTAL - 1 MONTH	12:14,4	9:25,4	5:8,5	20:14,3	46:14,9
	1 Month - 2 Months	2.1	4:11,3	8:15,2	5.4.5	19:6,1
0	3 Months - 5 Morths		3:8,5	13:24,7	1:0,7	17:5,5
i-Ne	6 Months - 8 Months	267	I	10:19,0	4:2,9	15:4,8
	9 Months - 11 Months	D	C	12:22,8	4:2,9	16:5,1
	TOTAL - I - 11 Months	2 : 2 : 4	7: 19,8	45:81,7	15:10,7	67:21,6
INFANT	MORTALITY RATE	14:16,9	16:45,2	48:93,5	35 : 25,0	113:36,4

Percentage of deaths of all ages during first year of life:-

White : 3,4% Coloured : 23,2% Bantu : 21,8% Asian : 14,9% All Races : 12,3%

INFANT MORTALITY

			WHITE		COL	COLOURED		B.	BANTU	t	1	ASIAN		2	TOTAL	
		Z.	74	٦ <sub>1</sub>	Z	- <sub>-</sub>	71	Σ,	<del>-</del> 4	Ji	E,		۲,	Σ,	Ŧ.,	۲۰
	1st 24 Hours	2	M	TO	9		9				17	4	0	18	7	25
	2nd - 7th Days	r—		r-1	П	г	2		2	2	9	4	10	$\infty$	2	15
1	TOTAL - 1 Week	$\infty$	M		7	г	$\infty$		2	2	11	$\infty$	19	26	14	40
	l Week - 1 Month	Н		-		r-1.	-		2	2	Н		r-1	2	2	9
	TOTAL - 1 Month	0,	N	12	7	2	0	rl	4	- 10	12	$\infty$	20	29	17	94
	1 Month - 2 Months	М		<u></u>	+7		4	4	4	$\infty$	5	Н	9	14	7	19
1 .	3 Months - 5 Months				2	r-I	2	$\infty$	5	13	г		Т		9	17
	6 Months - 8 Months	$\vdash$		r-J				7	3	10		7	4	$\infty$	2	15
	9 Months -11 Months		,	Oimp@Com/Olamic				9	9	12	<u></u>	2	7	2	0	16
	TOTAL - 1 - 11 Months	2		2	9	<u>-</u>	7	25	18	43	2	$\infty$	15	40	27	67
1	INFANT MORTALITY		20	17	13	W	91	56	22	748	19	91	35	69	7+7	113
5		San	A CONTRACTOR	THE COMPANY	Town or the Park	-	200000000000000000000000000000000000000	Name and Address of the Owner, where	A STATE OF THE STA							

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of 150 Causes from Seventh Revision, W.H.O.1948) CAUSES OF DEATH : INFANT MORTALITY (Classified according to International Intermediate List

1	c		MH	WHITE	-		COL	COLOURED			BANTU			AS	ASIAN				TOTAL	
X (0) (1)	Causes of Death	M	F Tot	0	972	M	-	~	2 M	F	Tot.	1972	Z	F Tot		972	M	타	Tot.	1972
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	piratory sy			- 07-2		-								<del></del>	<u>—</u>			<u></u>	<u>-</u>	
A 2	Tuberculosis of menin-			<b></b>					- AC - C -											
	+ B + C + C + C + C + C + C + C + C + C	* ***		(rameli e		Country,		F F.	D			-		·		Committee on the control of the cont				-
	Congenital Syphilis		- C	***					****			4	· H		<u>-</u>		Н		Н	-1
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	nervous system				dan de ac	C DW -	Secret lace				<del> </del>		·		Omne.		Н		Н	Н
A 71	Non-meningococcal				ESF. ASK		er.c=		0 - 0					¥		200		o Change (m.		
	meningitis		SENION	-	Н				Z := C1						v /m					<u>-</u>
A 87	Acute upper respira-			10 × 10 × 10 × 10 × 10 × 10 × 10 × 10 ×		mulcifo(ci			mg) 6v							Personal Pending		O O	7.	
	tory infections			engonich	not we	ri	_		re Camerilla	ing paraba							<u></u>	- 60		г <b>-</b>
	Lobar pneumonia				Car at Amilio di		9/45-16.179/44/8C		<u></u>	r-!	2	H	<u>-</u>		<u>.</u>		N		M	Н
A 90	Bronchopneumonia				[m-]	<u></u> ]		N	Che IXOmi	****	0	W	Н	M	4	5		10	15	H
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A 97	All other respiratory	1	1	1		- (to - t)											1		1	
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### MEDICAL EXAMINATION OF BANTU

Although the newly-formed Drakensberg Bantu Affairs Administration Board has now taken over the influx control of Bantu entering Pietermaritzburg all work-seekers in the City are still subject to a medical examination, chest X-Ray, and single-insertion vaccination (unless the latter two procedures have been carried out in the previous six months).

By arrangement, the Public Health Department carries out this procedure. Emphasis is on Venereal Disease and Pulmonary Tuberculosis, and the following table reflects details:

		Referred to X-Ray	Susp. PTB after X-Ray		Rejected V.D.	Rejected Other Causes	Vacci- nated
Male	28 656	15 532	661	415	127	6	14 129
Female	9 540	5 679	137	59	85	1	5 460
TOTAL	38 196	21 211	778	474	212	7	19 589

For the first time, details of the areas from which Out-of-Borough work-seekers have originated have become available. The Vulindlela Local Authority, which mainly borders on Pietermaritzburg and includes Edendale, provided the most - 29 060, of whom 6 990 were females. There were also 2 425 Sothos (611 females) who fell under the jurisdiction of Vulindlela, while the Transkei was responsible for 5 184 Xhosas, 2 208 of whom were females.

### SOBANTU VILLAGE DISPENSARY

Yet again, this general out-patients Clinic which is held three mornings a week at Sobantu Village has shown a marked increase in popularity, and the need to expand the service is becoming a necessity.

A full-time Bantu nurse, who lives in the Village, assists at the Clinic, does the necessary dressings and follow-up treatment, and visits patients in their homes.

Total attendance during the year was 4 812, compared with 3 891 last year and 3 287 in 1971. Home nursing visits totalled 1 816 to 738 patients, 393 of whom were new cases.

### FAMILY PLANNING CLINICS

During the year Family Planning Clinics were established at the Civic Centre and Scottsville for Europeans, at Boom Street for Bantu and Asians, at Northdale for Asians and at Woodlands for Coloureds. In general, these clinics have attracted reasonable numbers, each one shewing a small increase in new cases each month. It is hoped to open further clinics in the Bantu townships in the New Year.

Health Education is essential in these Bantu townships and in the factories in order to bring the need of family planning before females and more important, their husbands. It is therefore disappointing to note an absence of effort along these lines by the National Family Planning Association, which association is supported financially by the State with a view to carrying out active propaganda and education.

Doctor staffing of the Clinics was unsatisfactory - one of the reasons apparently being the poor remuneration permitted by State Health on a sessional basis.

The drugs, equipment, salaries of approved personnel in Family Planning Clinics are subject to a 100% refund of expenses.

### FAMILY PLANNING CLINICS

## YEAR ENDING 31ST DECEMBER, 1973

	White	Col.	Bantu	As.
A. Number of new patients (i.e. those attending for the first time) who presented themselves during the abovementioned period	1.86	261	1787	706
B. Total number of Attendances	1504	1744	12140	5264
C. Tablets  Number of individual patients to whom oral contraceptives were issued during this period	1402	1694	12803	5015
D. Intra-Uterine Devices  1. Number of intra-uterine devices inserted during this period  2. Number removed during this period on account of abnormal symptoms or planned	22	19	87	71
E. Other Contraceptives  Number of patients to whom other contraceptives tives were issued:	3	2	18	12
(i) Caps (ii) Condoms (iii) Cream (iv) Depo-Provera	47 27	16 43	115	- 64 84

### EXFOLIATIVE CYTOLOGY SERVICE

This service is organised by the Department for the various racial groups in the Borough and General Practitioners and others are free to use the service. Most smears referred by the latter, however, belong to the White Group who are possibly least at risk. Many smears from the other race groups are taken at the recently established family planning clinics prior to contraceptive therapy being instituted, and it is amongst these that during the year seven (7) smears were found to show evidence of malignancy (out of a full total of 1 373 smears).

All smears are reported on by the State Health Pathology Laboratory at Edendale Hospital.

Details are:

	SMEARS.			
	Positive for Malignancy	Negative	Total	
White Coloured Bantu Asian	- - 7 -	707 62 396 201	707 62 403 201	
TOTAL	7	1 366	1 373	

### AMBULANCE

The following figures have been furnished by the courtesy of the Chief Fire Officer:

1) Total number of cases removed : 7 951 2) Infectious cases removed : 599

### LABORATORY WORK

(a) Laboratory work done by Private Pathologist:

Throat Swabs	84
Smears, Swabs, Pus for Gonococcus, organisms, etc	2
Blood	20
Sputum and Pleural Fluids (T.B. organisms, sensitivity)	4
Stools (Parasites, T.B., S. Typhi, etc.)	37
Urines (Chemical, Microscopic, etc.)	55
Milk - for Total Bacterial and Coliform Count	174
	A CONTRACTOR OF THE PARTY OF TH
	376

(b) Work done in Departmental Laboratory:

No. of Mosquito larvae examined : 580
No. of Mosquito adults examined : 120
No. of Snails examined : 515
No. of Physopsis identified : 343

### WATER SUPPLIES

Our thanks are due to the City Engineer for the following information:

The City's supply of raw water is derived from the Umsindusi River and its tributaries and from the Midmar Dam on the Umgeni River.

Water from the latter source passes through an underground tunnel before being supplied by the Government Department of Water Affairs to the City Council at Ferncliffe Water Purification Works. To reduce water losses within the tunnel the Department of Water Affairs is undertaking pressure grouting and water-proofing measures in the tunnel and, during the progress of this work, has been forced to restrict the quantity of water supplied to Pietermaritzburg and consumers in the Cato Ridge, Hammarsdale and Pinetown areas. As a result of this it was necessary to impose restrictions on the use of hose pipes and sprinklers for the washing of motor cars and the watering of gardens during the three months 4th August to 3rd November, 1973. Though these improvement works were still in progress, the Department of Water Affairs was able to increase supplies in mid-November 1973, when the lower half of the tunnel had been completed.

Expansion .../

### WATER SUPPLIES Cont'd.

CHAPTER VI

Expansion of the water supply reticulation to serve housing development has continued and, in order to cater for increased demand in the Raisethorpe area, a 500 kl water tower served by pumps in Trichy Road has been constructed to replace a smaller existing system. A major extension to the trunk main and service reservoir system is also in progress, designed to extend the water supply area to include a large sector of the north eastern borough where further Indian housing is planned.

During the year the laboratory at Signall Hill tested a total of 692 samples of water taken from the reticulation system, all of which were found to be satisfactory.

The average daily water consumption during the calendar year 1973 was 42,86 megalitres per day.

\* \* \* \*

Bacteriological Examination by Bio-Chemist, City Engineer's Department. (Results recorded in accordance with method laid down by Ministry of Health - Publication No. 71, 1939).

	MUNICIPAL WATER SUPPLY			OTHER SUPPLIES (Streams, Springs, Wells, etc.)		
	Incubation Period		Differ- ential Test	Incubation Period		Differ- ential Test
	24 hrs.	48 hrs.	(Faecal) 48 hrs.	24 hrs.	48 hrs.	(Faecal) 48 hrs.
Class I (Highly Sat., O)	126	123	128			
Class II (Satis., 1-2)	2	5		1		
Class III (Suspicious, 3-10)				`	2	
Class IV (Unsat. over 10)						

### THE HEALTH INSPECTORATE

This important section of the Department continued to function efficiently throughout the year. Generally speaking, staffing was much improved over previous years, though it proved difficult to fill the Asian Health Inspector vacancies.

General Nuisance Inspectors (2 European and 1 Asian) were appointed in the last quarter of the year - whose purpose it is to deal with general nuisances around the town (overgrown, unsightly vacant plots, litter and other street nuisances, etc.), thus relieving Health Inspectors for more involved aspects of their work. These General Inspectors have proved to be both enthusiastic and efficient in their work and have released the Health Inspectors to more effort in food and environmental disease control.

### MEAT SUPPLIES

Regular inspections butchers' shops were carried out by the Department's Health Inspectors, and a list of meat, fish and fowl condemned after inspection is shewn on page 9, Chapter VII.

5 120 Carcases which were imported into the Borough were examined by our inspectorate, and fees accrued from these inspections were R 1 487-26.

### MILK SUPPLIES

A high standard of control continues to be exercised over milk supplies in the Borough, and strict adherence to the regulations resulted in 15 prosecutions.

Milk was derived from 12 producer-distributors, one of whom was in the Borough. Further, there are 222 producers out of the Borough, 66 of whom send their milk to the one pasteurisation plant in Pietermaritzburg (National Co-operative Dairies). The other 156 send their milk to Pinetown for pasteurisation, whence it is returned to the Creamline depot in Pietermaritzburg for distribution.

A new distributor of pasteurised milk at Hillcrest began supplying the Borough from 1st June, 1973, but will be moving his premises to Umlaas Road early in 1974.

All dairymen are registered with this Department and their premises are inspected regularly. Approximately 93% - a 9% increase over last year - of the milk sold in Pietermaritzburg was pasteurised.

There was a decided increase in the total milk consumption, which rose to 14 956 767 litres in 1973 compared to 14 220 609 litres the previous year. Conversely, the total of raw milk consumed shewed a decrease to 1 037 625 litres from 1 180 529 litres in 1972.

### FOODSTUFFS

### SAMPLES TAKEN AND SUBMITTED FOR ANALYSIS

# (a) Bacteriolo

(a) Bacteriological Examination - Plate Counts:

Samples with less than 50,000 bacteria per c.c. : 138 (inc. 40 Pasteurised)

Samples with between 50,000 and 200,000 bacteria

per c.c. : 27 (inc. 8

Pasteurised)

Samples with more than 200,000 bacteria per c.c.

9 (inc. 4 Pasteurised)

174 (inc. 52
Pasteurised)

(b) Bacteriological Examination - Faecal B. Coli:

Samples with Faecal B. Coli absent : 171 (inc. 52

Pasteurised)

Samples with Faecal B. Coli present 1/10 c.c.

Samples with Faecal B. Coli present 1/100 c.c. : 3

Samples with Faecal B. Coli present in less than

1/100 c.c. :

174 (inc. 52
Pasteurised)

(c) Chemical Examination (by Government Analyst):

Samples complying with Act 54/1972 : 52

(d) Phosphatase Testing of Pasteurised Milk (by

Municipal Bio-Chemist):

Samples sufficiently heat treated : 216

Samples not sufficiently heat treated : 1

217

2. ICE CREAM

Chemical Examination (by Government Analyst):

Samples complying with Act 54/1972 : 9

3. MEAT

Chemical Examination(by Government Analyst):

Mince - Samples complying with Act 54/1972 : 21
Sample not complying with Act 54/1972 : 1
Boerewors - Samples complying with Act 54/1972 : 15
Samples not complying with Act 54/1972 : 2

Samples not complying with Act 54/1972 : 2
Beef Sausage - Samples complying with Act 54/1972 : 2

Pork Sausage - Samples complying with Act 54/1972 : 5

Mutton Sausage - Samples complying with Act 54/1972 : 2

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### GENERAL INSPECTORS

-4-

The following items were carried out during the period October to 31st December, by the General Inspectors:

Refuse Receptacles: Inadequate	245
No lids	421
Warnings issued	2
Vacant Plots: Overgrown	91
Littered	5
Overgrown and littered	31
Disused Vehicles: Inspection	191
Notices served	73
Litter: Warnings issued	1
Prosecutions	1
Refuse: Deposited on vacant ground	22
Deposited on road verges/pavements	472
Warnings issued	3
Prosecutions	2
Overgrown road verges	1
Interviews	1
Dogs	1
Miscellaneous	12
Total	1 575

Letters and notices sent by the General Inspectors totalled 702.

### RODENT CONTROL

The Rodent Officer carried out a total of 2 277 inspections and other operations during the year. One important aspect was the gassing carried out on vacant land in the City Area.

These lands included the Ohrtmann Road industrial area, the vicinity of Town Bush stream and Linscott Road verges, Mountain Rise (Non-European Infectious Diseases Hospital grounds and the Old N.P.A. camp), the vicinity of the Indian Barracks at the Sewerage farm, Chase Valley Road verges, and the banks of the Dorp Spruit.

Three specimens of the rare genus Rhabdomys (striped mice) were identified, and 17 water rats were found after gassing.

A total of 156 warrens were gassed, and 221 rats and mice were found dead after gassing and poisoning. 262 Kg. of Rinoxim poison were used, as well as Cynogas.

	Details of Rodent Officer's Work	
No.	of:	
	Dwellings dealt with	260
	Dwellings rat-proofed	4
	Grain stores rat-proofed	1
	Warehouses inspected	4
	Warehouses rat-proofed	2
	Factories (food manufacturing) inspected	1
	Factories (food manufacturing) rat-proofed	3
	Factories (non-food) inspected	
	Factories (non-food) rat-proofed	3
	Hotels and food-handling premises inspected	296
	Hotels and food-handling premises rat-proofed	22
	Other business premises inspected	355 73
	Mills inspected	4
	Buildings supervised during erection	171
	Buildings supervised prior to demolition	89
	Vacant Lands gassed	2
	Vacant Lands dealt with	243
	Gassing operations	21
	Poisoning operations	190
	Rats found poisoned	16
	Refuse and rubbish inspections	452
	Other inspections	9
	Interviews	1
	Refuse bins inspected	47

A total of 237 letters and notices were sent out by the Rodent Inspector.

Total

2 277

### SANITATION

Tota Tota	al of Inspections carried out	48 288 2 811 7 969 1 575
	Inspections (General) Given in Detail	
1.	Public Markets	145
2.	Butchers' Shops	282
3.	Dealers and General Dealers (Food)	1 545
4.	Dealers and General Dealers (No Food)	759
5.	Fish and Poultry Shops	29
6.	Food Sampling	469
7.	Condemnation of Foodstuffs	47
8.	Bakehouses	68
9.	Milk Shops (Purveyors of Milk)	121
10.	Ice Cream (Distributors and Manufacturers of)	69
11.	Tea Shops, Cafes, Restaurants and Eating Houses	1 001
12.	Residential Hotels, Boarding Houses	149
13.	Aerated Water Manufacturers	3
14.	Other places where food is manufactured	16
15.	Hawker's Premises	136
16.	Hawker's Carts	80
17。	Butcher's Carts and Carriers	2
18.	Milk Delivery Carts and Ice Cream Carts	71
19.	Milk Depot and Pasteurising Plants	36
20.	Baker's Carts	120
21.	Theatres and Cinemas	23
22.	Smoke Nuisances	2 581
23.	Common Lodging Houses	22
24.	Barracks	9
25.	Bantu Quarters	81
26a.	Structural Defects in Premises	703
26b.	Defective Washing Areas	42
26c.	Defective Sanitary Fittings	151
26d.	Undrained Premises	32
	Defective and Waste Water Drains	487
	Overcrowded Premises	636
	Dwelling Houses and Flats	10 476
28.	Swimming Bath Inspections	137
29.	Hairdressers	49
	Carried Forward	20 577

SANIT	CATION Continued	
	Brought Forward	20 57
30.	Laundries	16]
31.	Schools	21
32.	Factories and Workshops	1 307
33•	Builder's Yards	2/
34.	Depots and Warehouses	30
35•	Wood and Coal Yards	10
36.	Condemnation of Premises	40
37.	Vacant Lands	2 088
38.	Piggeries	6
39.	Horse Stables	81
40.	Cowkeepers Premises	68
41.	Dairy Stables and Dairies	420
42.	Hide and Skin Merchants	, , , , , , , , , , , , , , , , , , ,
43.	Poultry Keepers and Pigeon Lofts	748
44.	Visits in connection with Infectious Disease	r
45.	Malaria and Mosquito Inspections, etc	1 067
46.	Malaria - Permanent Works, Drains, Tree Planting, etc	
47.	Public Sanitary Conveniences	2
48.	Sanitary Conveniences	740
49.	Septic Tanks, French Drains, etc	(
50.	Pail Privies	192
51.	Pit Privies	118
52.	Refuse and Refuse Bins	3 452
53•	Refuse Tips	6
54.	Other Visits	3 586
55•	Fly Nuisances	17
56.	Visits in connection with Fumigation	r
57•	Disinfectants	
58.	Attendances in Court	15 <sup>1</sup>
59•	Rodent Inspections by Rodent Inspector	2 277
60.	Other Rodent Inspections by Health Inspectors	53 <sup>1</sup>
61.	Deratisation Certificates	6
62.	Interviews and Complaints	3 775
62a.	Inspections by General Inspectors	1 575
	RTS FOR TRANSMISSION TO OTHER MUNICIPAL DEPARTMENTS:	
	CITY ENGINEER'S DEPARTMENT.	
-	Blocked Sewers, etc	5]
	Street Drains	1]
·	Defective Water Fittings	39
	Carried Forward	43 763

SANI	TATION Continued	
	Brought Forward	43 763
66.	Defective Surface Waste Water Drains	13
67.	Other Defects	4
68.	Unauthorised Structures	205
69.	Sites, etc. re plans	1 860
70.	Water Sampling	-
(2)	DRAKENSBERG BANTU AFFAIRS ADMINISTRATION BOARD	
71.	Licensing and other Inspections of Premises under Urban Areas Act	91
(3)	LICENSING DEPARTMENT	
72.	Inspections of Premises re Licence Applications	1 880
(4)	GENERAL	
73.	Other transportation trips	472
	TOTAL	48 288

### FOODSTUFFS CONDEMNED AS UNFIT FOR HUMAN CONSUMPTION

The following foodstuffs were inspected and condemned in the Municipal Market and in shops within the Borough:

FRUIT, FRESH: Apples, Bananas, Grape Fruit, Grapes, Lemons, Oranges, Peaches, Spanspek, Tomatoes

1 121½ bags, pockets, trays, boxes and portions

Beans, Brussel Sprouts, Carrots, VEGETABLES, FRESH: Cabbages, Peas, Potatoes, Lettuce,

Peppers, Radishes, Squash

5 283 bags, pockets, trays and boxes

TINNED, JARRED AND

BOTTLED FOODS:

Fruit, Vegetables, Meat, Fish, Dairy Products, Pets Food, Pastes,

Flavouring and Condiments

7 874 containers

PRESERVED, PREPARED

AND FROZEN FOODS: Bacon, Cold Meats, Chicken, Fish 1 860 units

PACKAGED FOODS:

Nuts, Dried Fruit, Icing Sugar, Jellies, Milk Powder, Spaghetti,

Soup, Sweets, Pudding

421 packages

DAIRY PRODUCTS:

Butter, Ice Cream, Yoghurt,

Cheese, or Portions

765 containers

MISCELLANEOUS FOODS: Including yeast, bread and

dessicated cocoanut

390 units or portions

# PROSECUTIONS

Total number of prosecutions	145
Under Public Health By-Laws (in 4 cases in conjunction with Building By-Laws; in 53 cases in conjunction with Public	
Health Act)	57
" Dairy By-Laws	15
Food, Cosmetics and Disinfectants Act	4
Manufacture, Storage & Sale of Foodstuffs By-Laws	5
Refuse and Night Soil Removal By-Laws	3
" Public Health Act	53
House Drainage By-Laws	1
Building By-Laws	3
" Urban Bantu Regulations	4
TOTAL	145
TOTAL	
	0
Total number found guilty and penalty imposed	108
Total number found not guilty	1
Total number withdrawn, discharged, pending and re-issued	36
TOTAL	145
	***************************************
CONDEMNED PREMISES	
Rooms and Buildings Condemned and/or Demolished:	
(a) Under Public Health By-Law 17 (Demolition Order)	62
(Closing Order)(b) Under Building By-Laws (dilapidated buildings)	0
(c) Under Slums Act	0
(d) Volumtary Demolitions	37
TOTAL	99

# LICENCE APPLICATIONS

(1) Applications Dealt with under Licences (Control) and Municipal 19 of 1942 and the Borough By-Laws Licence Ord. No.

	Н	2	2	4	5	9	7	∞	6	10	11	12	13	14	15	16
Applications Received	241	241 242 316	316	78	255 470	470	1493	237	53	274	604	04	797	178	4	460
Applications Approved	137	137 144 275 47 197 470	275	24	197	024	162	149	43	24	301	36	170	737	4	390
Applications Approved Subject to Requirements	98	26	47	29	56	53	477	78	2	59	26	7	89	38	0	69
Applications Disapproved	4	rH	0	2	2	2	7	4	2	4	6	0	4	Н	0	2
Applications Withdrawn	0	0	0	0	0	0	0	0	0	0	0	0	Н	7	0	7

(5)		
	Medicines.	
	Patent & Prop.	
Key to Table:	1. Apothecary,	

Eating House. Refreshment Room, Entertainment House, Hairdresser, Dressmaker. + 7.0 5.0 0.0 H

Fresh Produce, Mineral Water Dealer.

General Dealer. Hawker, Pedlar.

Receiving Depot. Dry Cleaner, Manufacturer. Laundry,

Contractor, Building

Demolition Continued.

Contractor, Speculator,

Milk Purveyor. Butcher.

Undertaker. Garage.

Warehouse, Storage of Mineral Oil & Spirits.

Applications Dealt with under Urban Areas Act:

7 0 2	Returned with Require- ments Approved	Applications Retraplications Apprairations Pen
	Require- ments	
0	Returned "Not in order"	Applications Ret
34	Received	Applications Rec

### STAFF

The Staff of the Department at 31st December, 1973 was as follows:

### Administrative and Office

Medical Officer of Health : J.P. O'Keefe, M.R.C.S., L.R.C.P., D.P.H.

Deputy Medical Officer of Health : N.T.W. Pover, L.M.S.S.A., D.P.H.

Clinical Medical Officer : P.H. Maier, Arts Examen, Netherlands.

Chief Clerk : E. Belshaw, A.M.B.I.M., M.Inst. P.S.

Section Clerk : G.H. Wolmarans
Administrative Assistants : J.H.F. Bridges

Administrative Assistants : J.H.F. Bridges : D. Goodwin

: P. du Toit : D.V. White, B.Com. : Mrs. A.M. Gibson

: Vacant

Senior Women Clerical Assistants : Miss Y.W. Gafney

: Mrs. J. Reid

Women Clerical Assistants : Mrs. R.M. Rowney

: Mrs. N.M. Bester : Miss H.M. Lea

Asian Clerk: Female : Vacant

### Inspectorate

Chief Health Inspector : A.M.H. King, Cert. R.S.I., Meat & Other

Foods Cert. R.S.I.

Deputy Chief Health Inspector : D.C. Johnston, Cert. R.S.I., Tropical

Hygiene Cert. R.S.I., Meat

& Other Foods Cert. R.S.I. Senior Health Inspector (Dairies) : C.L.O. Iversen, Cert. R.S.I., Meat &

Other Foods Cert. R.S.I.,

Tropical Hygiene Cert.

R.S.I.

Senior Health Inspector : R.D.W. Dutton,

Cert. R.S.I., Meat & Other Foods Cert. R.S.I., Tropical Hygiene Cert. R.S.I.,

Adv. Knowledge of H.I., Diploma in Building and

Public Works.

Dairy/Health Inspector : R.M. Hibbert, National Diploma for Health

Inspectors.

Health Inspectors : S. Tulleken, Cert. R.S.I., Meat & Other

Foods Cert. R.S.I., Tropical

Hygiene Cert.

: J.E. Butler, Cert. R.S.I., Meat & Other

Foods Cert. R.S.I., Tropical

Hygiene Cert.

: J. Hamilton-Hoskins, Cert. R.S.I., Meat &

Other Foods Cert.
R.S.I., Tropical

Hygiene Cert.

: R. Conradie, Cert. R.S.I., Meat & Other

Foods Cert. R.S.I.

: H.D. Ryder, National Diploma for Health Inspectors.

Asian ..../

### Continued Inspectorate

Asian Health Inspectors

: T. Naidoo, National Diploma for Health Inspectors.

: S. Mudaly, National Diploma for Health Inspectors.

: W. Khan, National Diploma for Health Inspectors.

: Vacant Post (1)

: R. Mntungwa, Cert. R.S.I., National Diploma for Health Inspectors.

: S.L. Dlamini, National Diploma for Health Inspectors.

: A. Imray : G. Fairfield

: R.C. Partridge

: B.M. Beney : E. Ramjan

: Vacant

Bantu Health Inspectors

Malaria Officer Rodent Officer General Inspectors

Asian General Inspector Coloured General Inspector

# Health Visiting

: Miss E.E. Holcomb, Health Visitor's Cert. R.S.I., Mothercraft

Cert.

: Mrs. I. Ellis, Health Visitor's Cert. R.S.I., Reg. Mental Nurse,

S.A.N.C.

: Mrs. D. Evans, Health Visitor's Cert. R.S.I.

: Mrs. B.A. Mitchell, Health Visitor's Cert. R.S.H.

: Mrs. J.A.M. Bassage, Health Visitor's Cert. R.S.H.

: Miss D.A. Cheesman, Health Visitor's Cert. R.S.H.

: Miss L.M. Todd, Health Visitor's Cert. R.S.H.

: Vacant

: Mrs. A.M. Bang

: Mrs. J.M. O'Connor

: Mrs. V. Reid

: Mrs. B.S. Shange, Health Visitor's Cert.

R.S.H.

: Miss N. Manaka, Health Visitor's Cert. R.S.H.

: Mrs. M.J. Mapena, Health Visitor's Cert. R.S.H.

: Mrs. S. Badrudeen, Health Visitor's

Cert. R.S.H.

: Mrs. P. Moodley, Health Visitor's Cert. R.S.H.

: Mrs. T.M. Singh, Health Visitor's Cert. R.S.H.

: Mrs. M. Nzimande : Mrs. A. Pillay

Senior Health Visitor

Health Visitors

Clinic Sister Clinic Clerks

Bantu Health Visitors

Asian Health Visitors

Coloured Health Visitor

Bantu Clinic Clerk Asian Clinic Clerk

# Bantu Nursing and Health Assistant

Bantu Nurse (Sobantu Village

: Nurse E.D.B. Manyathi, S.A.N.C. Cert.

Dispensary)

(Medical & Surgical)

District Bantu Nurse

: Nurse L. Ngubane, S.A.N.C. Cert. (General

and Midwifery)

District Bantu Midwife (Sobantu

Village)

: Nurse I. Ngcobo, S.A.N.C. Cert. (General

and Midwifery)

Bantu Health Assistants

: H. Lange, P. Matlapeng, E. Ngcobo, M.E. Khumalo.

## Family Planning

Nursing Assistant Clinic Clerks

: Mrs. M. Marshall : Mrs. M.M. Cillie : Mrs. R. Spalding

: A.A.M. Nzimande

Health Educator/Clerks (Bantu)

: G. Dladla

Health Educator/Clerk (Asian) : N.C. Phillips

# Non-European Infectious Diseases Hospital

Matron

Male Nurse

Housekeeper

Bantu Sisters

: Mrs. J.M.F. Umpleby

: Vacant

: Mrs. A. Roberts

: S.I. Masuku

: S. Mtiva

: T.B. Mavimbela

: B.E. Ntunyiswa

: E.M. Mahlobo

: Y.T. Langa

: R. Ndlovu

: M. Conco

: J.M. Mkize

: B.G. Mbele : G.T. Meunu

: W. Makatimi

Bantu Enrolled Auxiliary Nurses

Bantu Nurse Aides

Bantu Orderly

: 7

# Pass Office Examination and Miniature X-Ray Clinic

Senior Clerk/Radiographer

Clerk/Radiographer

Bantu Clerks

: P.E.G. Gibson

: F.G. Horne

: 3

### GERIATRICS

As at 31st December, 1973, approximately 10% of females of the White group resident in the City were aged 65 years or over, and 7,7% males. Comparative figures for Asians were 2% female and 2% male. Similar figures in respect of the Bantu group cannot be reliably estimated.

The above figures shew why it is not surprising, therefore, that many organisations in the City have the aged White group as their concern. The main organisation is the Pietermaritzburg and District Council for the Care of the Aged (P.A.D.C.A.), a voluntary body which is a registered welfare organisation. This Council runs social welfare services in respect of the Aged and amongst other things, these services include Meals-on-Wheels, the provision of Home Helps, and the successful running of a Senior Citizens Club (over the age of 55 years). The organisation also controls the Sunny-side Park Home for the "Frail" Aged, the Azalea Park Home and Walmsley House -both the latter providing accommodation for the "Normal" Aged. For all three homes, priority is given to citizens of Pietermaritzburg and District, and they have proved to be so much in demand that there are long waiting lists for each.

In about 1936, the King George V Memorial Homes for Aged Couples were started through the efforts of Mr. A.T. Allison, and a few years later - again through his efforts, the Queen Mary Place Homes for Women were established. About 88 couples are in residence in the King George V Homes, whilst about 130 women live in the Queen Mary Place Homes.

In near proximity to the above, is the Victoria Memorial Home for Men, and the N.C.V.V. Home for Women. In the suburb of Wembley is the privately-run Villa Assumpta Home for elderly, but otherwise normal, women.

Lastly, the Garfield Nursing Home is a geriatric unit which undertakes the care of the frail elderly.

This brief outline does give some indication of the efforts made by charitable and private agencies towards the care of the senior citizen of the City and district, and it is pleasing to know how great are the continuing efforts of these people to ever expand the services that are offered.

### HOUSING

For the first time in more than a decade, the housing shortage in the Borough of Pietermaritzburg was alleviated during 1973 and building plans approved by Council reached a new record of R22 583 000 - R3 000 000 more than the previous year.

The bulk of Non-White dwellings was provided by the Municipality, but all White housing was completed privately.

All plans of new buildings are submitted by the City Engineer to this Department for observation, and the following table (with last year's figures in brackets) reflect the major increase:

Approved Outright	Approved subject to alterations	Disapproved	Referred for additional information & not yet dealt with	Total Submitted
1 070	994	523	12	2 599
( 571)	(891)	(281)	(25)	(1 768)

# A. Private Enterprise

The number of dwellings completed was 411 (276 White, 16 Coloured and 119 Asian). Of the nine blocks of flats erected, seven (total 108 units) were for Whites, and two (total 22 units for Asians).

Seven blocks of flats were incorporated with shops, offices, etc. The one for Whites consisted of 70 flats, and the six for Asians had 29 units.

# B. Municipal Housing

The demand for this type of housing, excluding Bantu, has shown a marked decrease for the first time in five years. This was due mainly to the completion of 1 580 Economic houses at Northdale 7 for Asians, together with 44 ultra-sub-economic houses for slum replacement of Coloureds.

The waiting lists for Municipal houses over the past five years reflects the trend:

	1973	1972	1971	1970	1969
White	249	346	411	650	600
Coloured	468	555	435	380	350
Asian	1 416	2 540	2 462	2 100	2 100
Total	2 133	3 441	3 308	3 140	3 050

The situation regarding Municipal housing at 31st December, 1973, was:

### Whites

No new houses were erected during the year, but the planning for Grange Stage 2 had reached an advanced stage, and preparations were being made to invite tenders. This development will consist of 600 houses, and 11 blocks of flats containing 144 units.

Coloureds .../

### Coloureds

The 44 ultra-sub-economic houses were a temporary measure to relieve the shack development which had occurred in Raisethorpe in 1972.

But stability for Pietermaritzburg's Coloured population is being assured by the planning for the large new schemes, K2 and K3, in the Bishopstowe area. Planning is well advanced, and the matter is now in the hands of the Department of Community Development.

This new suburb will be known as Eastwood and will, at first, consist of 100 ha. housing 5 000 persons. This will be followed by developing the adjoining 220 ha., with sufficient housing for 15 000 Coloureds.

It is satisfying to note that Council has approved of the principle of community buildings, including clinics, bein-g installed in the initial stages of all projects.

The large scale development for Coloured housing has been necessitated by the large Factor of Increase of this race. All population projections for Pietermaritzburg place the Coloured growth rate as the highest of all ethnic groups.

### Asians

Construction continues on the Northdale Stage 7 economic scheme, and during the year, 1 580 of the proposed 2 159 houses had been completed. Further, all 298 sub-economic houses of Northdale Stage 8 had been finished and let.

### General

The Municipality has a total of 6 167 housing units available (Whites 1 096, Coloureds 684 and Asian 4 387). There has been a substantial increase in dwellings administered by the Estates Department over the past five years:

	1973	1972	1971	1970	1969
Whites Coloureds	1 111 649	1 110 653	913 653	666 652	592 525
Asian	3 226	2 059	2 059	2 063	1 995
Total	4 986	3 812	3 625	3 381	3 112

(These figures were taken at 31st July annually).

One Asian compound is owned by the Municipality, and houses 300 Asians at the Sewage Farm. There are 26 houses and six rooms, well constructed in brick. Workers at the farm and their families are accommodated.

Bantu ..../

### HOUSING

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Bantu ..../

### C. Bantu

The responsibility for Bantu housing was assumed during the year by the newly-formed Drakensberg Bantu Affairs Administration Board, the head-quarters of which are in Pietermaritzburg.

There are three hostels for single Bantu in Pietermaritzburg. For men, the East Street hostel and annexes house 1 800, and the Imbali hostel 3 456. The Women's hostel in Church Street accommodates 250.

Other housing needs for Bantu are met by Sobantu Village, about five km. from the City Hall, and containing 1 091 occupied houses as well as various public buildings. Although there is room for expansion, the Government will not permit the extension of this 15-year-old scheme.

The newer schemes, at Imbali, are now the focus of expansion for Bantu housing. Stage 1, comprising 1 567 houses, is complete. Work on Stage 2 has begun, and by 31st December, 748 housing units had been handed over by the contractors.

### D. Demolitions

A total of 62 houses (31 of which were mud huts) were demolished under the Local Government Ordinance, and there were 37 voluntary demolitions, making a total of 99 for the year.



